YOUR GUIDE to MENTAL HEALTH & ADDICTION SERVICES

in and around the Twin Counties (Columbia & Greene, NY)
Columbia County Department of Human Services (CCDHS)

325 Columbia Street, Suite 300, Hudson, NY 12534
Phone: (518) 828-9446   Fax: (518) 828-8098
Website: www.columbiacountymhc.com/

Objectives: To develop and maintain a coordinated integrated continuum of services which permits all individuals to reach their personal potential and live their lives with dignity and independence.

Services provided: See below.

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**Mental Health Clinic (with satellite locations throughout the county)**

**Phone:** (518) 828-9446  **Fax:** (518) 822-8096

**Services provided:** Individual and group therapy for the residents of Columbia County. In addition, we offer psychiatric evaluations and medication management. Children and family services provided at satellite locations throughout Columbia County. Contact the Mental Health Clinic for additional satellite information.

**Hours:** Monday, Tuesday, and Friday: 8 am – 5 pm.; Wednesday and Thursday: 8:00 am – 7:00 pm; Crisis Line – 24 hours: (518) 828-9446.

**Target population:** Ages 5 and up.

**Eligibility criteria:** Must be a resident of Columbia County.

**How to apply for services:** Call 828-9446 and ask to schedule an intake assessment.

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**Mental Health Center Care Coordination Services**

**Contact:** John Lyons, Child and Adult Care Coordination Services Director

**Phone:** (518) 828-9446 ext. 2246; **Fax:** (518) 828-9450; **Email:** jlyons@columbiacountyny.com

**Services provided:** Comprehensive Case Management, Care Coordination and Health Promotion, Comprehensive Transition Care, Patient and Family Support, Referrals to Community and Social Support Services.

**Hours:** Monday, Tuesday & Friday: 8 am – 5 pm.

**Target population:** Adults and children.

**Eligibility criteria:** Adults: serious mental health condition or HIV/AIDS or two chronic conditions including physical, mental health or substance use disorders. Children: mental health needs.

**How to apply for services:** Contact the Child and Adult Care Coordination Services Director

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**CCDHS Single Point of Access (SPOA)-Children**

**Contact:** Susan Whittaker, Children’s Single Point of Access (SPOA) Coordinator

**Phone:** (518) 828-9446 ext. 1230; **Fax:** (518) 822-8096; **Email:** susan.whittaker@columbiacountyny.com

**Services provided:** Facilitate a Level of Care meeting with the SPOA Team, which is made up of case management representatives and family support agencies, family members and the identified youth, if age appropriate. Determine if case management is appropriate and what level of care would be helpful.

**Hours:** Monday – Friday, 9 am – 5 pm.

**Target population(s):** Youth with a mental health diagnosis (also having behavioral problems) which is interfering with their success at home, at school or in the community.

**Eligibility criteria:** Mental health diagnosis.

**How to apply for services:** Contact SPOA Coordinator for an application.
CCDHS Single Point of Access (SPOA)-Adults
Contact: John Lyons, Adult Single Point of Access (SPOA) Coordinator
Phone: (518) 828-9446 ext. 2246; Fax: (518) 822-8096; Email: john.lyons@columbiacountyny.com
Services provided: The Adult SPOA Program helps connect specially identified applicants to the most appropriate residences and services. The goal is to remove barriers to successful community living for adults with serious mental illness.
Hours: Monday -- Friday, 9 am -- 5pm.
Target population(s): Adults with serious mental illness who need assistance accessing residential and community services.
Eligibility criteria: Adults with a serious mental illness.
How to apply for services: Contact SPOA Coordinator for an application.

Columbia Memorial Hospital-Inpatient/Outpatient Psychiatric Services
71 Prospect Ave, Hudson, NY 12534 Facebook: @ColumbiaMemorial
Phone: (518) 828-7601 Website: https://www.columbiamemorialhealth.org/psychiatry/
Services Provided: Inpatient acute psychiatric care. Outpatient psychiatric services offered in Hudson (71 Prospect Avenue, 5th floor) and Catskill (Greene Medical Arts Building, 159 Jefferson Heights, Suite C-104)
Hours: Monday-Friday, 9am-4pm, with additional evening hours (Outpatient)

Greene County Mental Health Center (GCMHC)
905 County Office Bldg., Cairo, NY 12413 Phone: (518) 622-9163 Fax: (518) 622-8592 Facebook: Greene County Mental Health
Website: http://greenegovernment.com/departments/mental-health
Services Provided: Individual and group therapy for the residents of Greene County. In addition, we offer psychiatric evaluations and medication management. Children and family services provided at satellite locations throughout Greene County as well.

GCMHC Single Point of Access (SPOA)-Children
Contact: Heather Buffa, Children’s Single Point of Access (SPOA) Coordinator
Phone: (518) 622-9163 ext. 7150; Fax: (518) 622-8592; Email: hbuffa@discovergreene.com
Services provided: Facilitate a Level of Care meeting with the SPOA Team, which is made up of case management representatives and family support agencies, family members and the identified youth, if age appropriate. Determine if case management is appropriate and what level of care would be helpful.
Hours: Monday – Friday, 9 am – 5 pm.
Target population(s): Youth with a mental health diagnosis (also having behavioral problems) which is interfering with their success at home, at school or in the community.
Eligibility criteria: Mental health diagnosis.
How to apply for services: Contact SPOA Coordinator for an application.
GCMHC Single Point of Access (SPOA)-Adults

Contact: Jessica Dillon, Adult Single Point of Access (SPOA) Coordinator  
Phone: (518) 622-9163 ext. 7119; Fax: (518) 622-8592; Email:mailto:jdillon@discovergreene.com

Services provided: The Adult SPOA Program helps connect specially identified applicants to the most appropriate residences and services. The goal is to remove barriers to successful community living for adults with serious mental illness.
Hours: Monday -- Friday, 9 am -- 5pm.
Target population(s): Adults with serious mental illness who need assistance accessing residential and community services.
Eligibility criteria: Adults with a serious mental illness.
How to apply for services: Contact SPOA Coordinator for an application.

Mental Health Association of Columbia-Greene Counties

713 Union St., Hudson, NY 12534  
Facebook: @MHAColGreene

Phone: (518) 828-4619  Fax: (518) 828-1196  Website: www.mhacg.org

Services provided: Residential services, recovery services, clinical services, supported employment, supported education, day programs, peer support, case management, school based services, crime victim services, health home care coordination and mentoring.

Hours: Office: Monday—Friday, 9 am – 5 pm; specific programs have varied hours.
Target population: Adults with mental illness; homeless; children and families; crime victims.
Eligibility criteria: Based on program.
How to apply for services: Based on program.

Apogee Center

160 Fairview Avenue, Suite 232. Hudson, NY 12534  
Website: http://www.apogeecenter.org

Phone: (518) 697-0976  Email: apogeecenter@mhacg.org
Facebook: @apogeecentercc

Services provided: Apogee Center in Hudson offers an array of mental health services and support to adults to ensure recovery for people living with mental illness, including peer-to-peer services and Wellness Recovery Action Plan services. Our services are confidential and free of charge.
Target population: We assist people from all walks of life, who may be experiencing the stigma of being mentally ill or struggling with mental health issues

Water Street Studio

126 Water St., Catskill, NY 12414  
Website: www.waterstreetstudio.space

Phone: (518) 943-4651  Email:waterstreetstudiocatskill
Facebook: @waterstreetstudiocatskill

Services Provided: Water Street Studio provides peer support to those seeking mental wellness.  
Support is available by attending programs or stopping by the Studio anytime we are open. We strive to help individuals explore their passions, interest and hobbies and connect them to others who share that interest. Our services are confidential and free of charge.
Target population: We assist people from all walks of life, who may be experiencing the stigma of being mentally ill or struggling with mental health issues.
Mobile Crisis Assessment Team (MCAT)
Phone: (518) 943-5555  Website: None
Facebook: @MCATCG
Services provided: Phone assessments and consultation; on-site face to face mental health assessments; referrals to available services; follow up from psychiatric hospitalizations; wellness calls and visits when someone is concerned
Hours: 7 days/week; Noon-8pm
Target population: Individuals or family/caretakers of individuals who appear to be in a mental health crisis situation.
Eligibility criteria: Resident of Columbia or Greene county
How to apply for services: Call phone number provided above. Anonymous calls accepted.

Youth Clubhouses
Hudson Site: 802 Columbia St., Suite 2. Catskill Site: 445 Main St.
Phone: (518) 567-7771  Website: www.mhacg.org/services/children-families/
Contact: Kai Hillman, Director  Email: khillman@mhacg.org
Facebook: Youth Clubhouse of Columbia-Greene Counties
Services Provided: The Clubhouses provide a safe, supportive, alcohol and drug free environment for its members. Peer driven activities will promote health, wellness, and long-term recovery. (i.e. Recreation, Pro-social activities, health and wellness, educational/employment support, recovery/peer support, evidenced based programming, skill building, family engagement).
Hours: Thurs 3-9pm, Fri/Sat 3-10pm (Days and hours subject to change)
Target population: Clubhouses welcome all youth 12-17 and young adults 18-21 in recovery from drugs or alcohol, or at risk of developing a substance use disorder.

National Alliance on Mental Illness (NAMI)-Columbia County
P.O. Box 269, Valatie, NY 12184
Phone: (518) 336-0246  Website: www.namicolumbiacountyny.org
Contact: Pat Anders, President  Email: mailto:namiccny@gmail.com
Facebook: NAMI Columbia County, NY
Local Meetings: Chatham (1st Friday of the month, Chatham Chiropractic Office).
Services provided: Education and support for families and individuals affected by mental illness in Columbia County. Advocacy at the family, county, and state level for proper treatment of those with mental illness.
Hours of operation: Check website for local meetings and events
Target population: Individuals and families in Columbia County affected by mental illness.
How to apply for services: Contact President for more information.
National Alliance on Mental Illness (NAMI)-Greene County
905 County Office Bldg., Cairo, NY 12413
Phone: (518) 622-8713, (518) 734-4383  Facebook: NAMI Greene County
Contact: Brenda Beach  Email: brenda.beach@ymail.com
Local Meetings:  Call for updated meeting information.
Services provided:  NAMI Greene County is a group of consumers, family members and friends dedicated to providing support for its members and others, establishing avenues of community outreach, developing a listing of referral services and assisting family members and consumers of mental health
Hours of operation:  Check Facebook for local meetings and events
Target population:  Individuals and families in Greene County affected by mental illness.
How to apply for services:  Contact Brenda Beach for more information.

A list of practitioners who specialize in mental health and/or substance use disorders can be obtained from the County Mental Health Clinics listed elsewhere in this guide. They can also be found using the searchable database found at:
http://columbiapathwaystorecovery.org/resources-recovery-services-providers-for-parents-helpful-links/
TWIN COUNTY ADDICTION SERVICES

Al-Anon Family Groups
Website: www.al-anon.org  Email: wso@al-anon.org
Local Meeting: Find local meetings here: http://al-anon.info/MeetingSearch/Al-AnonMeetings.aspx?language=EN
Services Provided: Provide understanding and support to friends and families of problem drinkers.

Alcoholics Anonymous
Columbia County Answering Service: (518) 463-0906; Greene County Answering Service: (518) 625-2002;
Capital District Central Office: (518) 463-0906
Website: www.aa.org  Facebook: Alcoholics Anonymous
Local Meetings: http://meetings.aahmbny.org/index.php
Services Provided: Alcoholics Anonymous is a fellowship of men and women who have had a drinking problem. It is nonprofessional, self-supporting, multiracial, apolitical, and available almost everywhere. There are no age or education requirements. Membership is open to anyone who wants to do something about his or her drinking problem.

Catholic Charities of Columbia and Greene Counties
Columbia Co.: 431 East Allen Street, Hudson, NY 12534
  Phone: (518) 828-8660
Greene Co.: 66 William Street, Catskill, NY 12414
  Phone: (518) 943-1462; Fax: (518) 828-4016
Email: info@cathcharcg.org  Website: www.catholiccharitiescg.org
Facebook: @catholiccharitiescolumbia
Services provided: Alcohol and Substance Use Prevention Program (school-based); provide information and referral services.
Hours: Monday, Tuesday, Thursday, and Friday, 8:30 am - 4 pm; Wednesday, 11 am – 7 pm; other hours vary by program.
Target populations: Poor and vulnerable children and families.
Eligibility criteria: Varies by Program.
How to apply for services: Call 828-8660.

Chatham Cares 4 U Outreach Initiative Program
Chatham Police Department
Village Hall, 77 Main St., Chatham, NY 12037  Facebook: @chathamcares4u
Services Provided: In partnership with the Police Assisted Addiction Recovery Initiative, Chatham Cares 4 U encourages residents struggling with substance use to walk into the police station, turn over their drugs and ask for help. Instead of being charged, individuals will be placed into a drug treatment program regardless of financial means and/or insurance coverage. Participants will be assigned a volunteer to assist and guide them throughout the recovery process.
Columbia Pathways to Recovery (CPR)
PO Box 486, Chatham, NY 12037
Phone: (518) 966-2775  Email: columbiapathwaystorecovery@gmail.com
Website: www.columbiapathwaystorecovery.org  Facebook: @columbiapathwaystorecovery
Services Provided: CPR is a Recovery Community Organization (RCO), a grassroots group responding to the need for education, awareness, advocacy and change in regard to addiction in Columbia County. Monthly meetings are open to the public and geared towards finding and increasing pathways to recovery.

Councils on Addiction of New York State (CANYS)
Columbia/Greene Council: Twin County Recovery Services
350 Power Ave., Hudson, NY 12534
Phone: (518) 751-2083
Website: www.canys.net/councils.htm  Email: BethS@twincountyrecoveryservices.org
Services Provided: CANYS is an organization of prevention, education, treatment and intervention agencies throughout NYS that meets to address concerns and issues that affect residents of NYS.

Healthcare Consortium
325 Columbia St., Suite 200, Hudson, NY 12534
(518) 822-8820
Website: www.columbiahealthnet.org
Services Provided: The Healthcare Consortium helps residents in Columbia and Greene Counties to get and stay healthy by increasing their access to healthcare services. Services include: Assistance enrolling in health insurance, including Medicaid, Child Health Plus and the Essential Plans, help getting low or no -cost prescription medications; information about long-term services and supports; and, non-emergency medical transportation (Columbia County residents only).

Nar-Anon Family Support Meetings
Website: http://www.nar-anon.org  Email: wso@nar-anon.org
Columbia County meeting: Chatham, Wed at 7pm, Crellin Morris Memorial Building, 17 Park Row, Chatham, NY 12037; Contact: Lori Antonson (518) 858-6124
Greene County meeting: Catskill, Tues at 7pm, 428 West Main Street; Contact: Ellie (518) 653-8994
Services Provided: The Nar-Anon Family Groups are a worldwide fellowship for those affected by someone else’s addiction. As a twelve-step program, we offer our help by sharing our experience, strength, and hope.

Narcotics Anonymous
Phone: ABCD Regional Helpline (888) 399-5519
Website: www.na.org
Local Meetings: http://abcdrna.org/list-search/
Services Provided: NA offers recovery from the effects of addiction through working a 12-step program, including regular attendance at group meetings. Group meetings provide help from peers and offer an ongoing support network for addicts who wish to reach and maintain a drug-free lifestyle.
**P.A.S. It On**
Contact: Paula Queirolo  
c/o Twin County Recovery Services  
428 W Main St., Catskill, NY 12414  
Phone: 518-943-2036 ext. 315 Email: paulaq@twincountyrecoveryservices.org  
Facebook: P.A.S It On  
**Services Provided:** Promote Prevention, raise Awareness, and provide Solutions to the use of destructive drugs that destroy our youth and adults in Greene County.

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**Stable Solutions, LLC: Equine Assisted Growth & Learning**
Old Chatham, NY (Services provided at Kinder Farm, Kinderhook, NY)  
Phone: (631) 796-7744 Email: stablesolutionsllc@gmail.com  
Website: [www.stablesolutions.org](http://www.stablesolutions.org)  
**Services Provided:** Equine assisted therapy and equine assisted learning for adolescents and adults who desire a unique and motivating source for personal growth. Individual and group sessions offered, as well as workshops.

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**Twin County Recovery Services, Inc.**
350 Power Avenue; PO Box 635; Hudson, NY 12534. 428 W. Main St., Catskill, NY 12414  
Phone: (518) 751-2083 ext. 320 Fax: (518) 751-2086  
Website: [www.twincountyrecoveryservices.org](http://www.twincountyrecoveryservices.org) Facebook: @TwinCountyRecovery  
**Services provided:** Outpatient clinics (addiction medications, including Vivitrol and Suboxone prescribed), community residences, community prevention, Drinking Driver Program, Jail Addiction Counseling Services (at Columbia County Jail).  
**Hours:** Vary depending on program. Outpatient: Monday – Friday, 8 am – 7 pm.  
**Target population:** Individuals with alcohol and substance abuse problems.  
**Eligibility criteria:** Diagnostic.  
**How to apply for services:** Call or stop in

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**Young People in Recovery--Hudson Chapter**
360 Solaris, Warren St., Hudson, NY 12534  
Phone: (720) 600-4977 Email: yprhudson@gmail.com  
Contact: Eushabell Rodriguez Website: [www.youngpeopleinrecovery.org](http://www.youngpeopleinrecovery.org)  
Facebook: YPR-Hudson, NY  
**Services Provided:** Local chapters support young people in or seeking recovery by empowering them to obtain stable employment, secure suitable housing, and explore continuing education. Chapters also advocate on the local and state levels for better accessibility of these services and other effective recovery resources.  
**Hours:** Check Facebook page for local workshops, support groups, meetings.
CAPITAL REGION MENTAL HEALTH SERVICES

ALBANY COUNTY:

Albany County Department of Mental Health
175 Green Street, Albany, NY 12202
Phone: (518) 447-4537    Fax: (518) 447-4577    Facebook: Albany County Department of Health
Website: www.albanycounty.com/Government/Departments/DepartmentofMentalHealth.aspx
Mission: To ensure that persons with mental illness, substance and alcohol problems, or developmental disabilities are provided a full range of services that promote stabilization, rehabilitation, and recovery for the purpose of enhancing or improving their lives.
Services Provided: See Below

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Mobile Crisis Team
Phone: (518) 549-6500
Service Provided: Crisis Intervention
Target Population: All Ages

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Assertive Community Treatment (ACT) Program
Phone: (518) 447-4668
Services Provided: The ACT Program has been developed to serve high need, high priority individuals of Albany County with a unique and comprehensive approach to treatment. A mobile team delivers flexible treatment, rehabilitation, case management and support services to individuals with severe mental illness who may have co-occurring disorders and whose needs have not been well met by more traditional service delivery approaches. The ACT team, which consists of a coordinator, psychiatrist, registered nurses, social workers, credentialed alcohol and substance abuse counselors, and a program assistant uses peer support services and local vocational rehabilitation programs as part of its service delivery. The program offers 24 -hour crisis support.

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Health Home Care Management Services
Phone: (518) 447-4569    Fax: (518) 447-4661
Services Provided: Capital Region Health Connections-Health Home Care Management Services is a freestanding program that provides services to seriously mentally ill adults.

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Adult Forensic Services
840 Albany-Shaker Road, Albany, NY 12211
Contact: Jennifer Dalton, LMSW, Coordinator
Phone: (518) 869-2683    Fax: (518) 869-2704
Services Provided: The Mental Health Unit provides services to the seriously mentally ill client who is incarcerated, as well as psychiatric evaluation and consultation to the courts. The MH unit will also
advocate for the needs of the inmate client in the jail, in the legal system and the mental health treatment community.

Community Services Board
272 Broadway, Menands, NY, 12204
Phone: (518) 482-5744

Purpose: Community residents who have an interest in services for the mentally disabled are welcome to attend meetings of the Community Services Board and its three subcommittees on mental health, mental retardation and developmental disabilities, and alcoholism and substance abuse.

Subcommittee on Developmental Disabilities:
Contact: Bonita Sanchez, LMSW, Albany
Phone: (518) 438-5150    Email: sanchez@albany.edu

Subcommittee on Mental Health:
Contact: E. Nancy Wiley, Albany
Phone: (518) 482-5744

Adult Treatment Clinic
Albany County Mental Health Center
260 South Pearl Street, Albany, NY 12202
Phone: (518) 447-4555    Fax: (518) 447-4661

Hours: Monday through Friday 8:30 am to 4:30 pm

Services Provided: The Adult Treatment Clinic is designed to provide comprehensive mental health treatment to the seriously mentally ill residents of Albany County. The program is staffed and directed by a group of professionals with expertise in the area of outpatient treatment of mental illness.

Albany County Department for Children, Youth, and Families: Children’s Mental Health Division
Harold L. Joyce Albany County Office Building
112 State Street, Room 300, Albany, NY 12207    Facebook: Albany County DCYF
Website: www.albanycounty.com/Government/Departments/DepartmentforChildrenYouthandFamilies.aspx
Contact: Gail Geohagen-Pratt, Commissioner
Phone: (518) 447-7324    Fax: (518) 447-7578

Services Provided: Our diverse array of individualized treatment options includes crisis support, evaluation, on-going services, and community referrals. (See Below)

Children’s Mental Health Clinic
Hours: Monday through Friday 9:00 am to 4:30 pm; Wednesday evenings by appt.

Services Provided:
Crisis Intake:
- Emergency appointments for children (ages 5-18) in crisis (e.g., dangerous or Impulsive behavior, suicidal statements or gestures, threats to harm others.)
- Planned appointments to assess a child’s need for therapy or other community services
- Psychiatric consultation and assessment
- Referral and access to crisis services including psychiatric hospitals, crisis residences, and other community supports. Service coordination and discharge planning provided
- Consultation regarding a wide range of circumstances that pose a potential challenge to a child’s mental health
- Linkage to respite services

**Outpatient Treatment:**
- On-going outpatient therapy
- Psychiatric consultation and assessment
- Medication prescription & management

**Population Served:** Albany County Youth Ages 5-18 years old

**Single Point of Access (SPOA)**

**Services Provided:**
- Aims to identify those children with the highest risk of placement in out-of-home settings and seeks to develop appropriate strategies to safely manage those children in their communities.
- Access to high-end case management services including WAIVER, Intensive Case Management, Supportive Case Management and Community Transition Team
- Access to Community Residences and Residential Treatment Facilities.

**Case Management Services**

**Services Provided:**
- Intensive Case Management (ICM) services and Supportive Case Management (SCM) services are available for children and adolescents with serious emotional disturbances; who are at risk for hospitalization or out of home placement.
- Case managers provide crisis intervention/management and referral/linkage to community resources
- Case managers provide advocacy and support to assist families in obtaining services to safely maintain the child with their family in the community.

**Child Forensic Services**

**Services Provided:** Forensic psychologists conduct assessments and participate in consultation regarding children and families involved with Albany Family Court, Probation and child protective services.

**Parent Partners**

**Services Provided:** Parent Partners are available to offer support, education, and assistance to parents, whose children are being seen at the clinic, are involved in the SPOA process or receives case management services.
Albany Medical Center Psychiatry
43 New Scotland Avenue, Albany, NY 12208
Phone: (518) 262-5511
Website: www.amc.edu/patient/services/psychiatry/
Services Provided: Treatment for depression, anxiety, bipolar disorder, schizophrenia, co-occurring substance abuse, and dependence, eating disorders, trauma, personality disorders, attention deficit disorders, adjustment disorders and others.

Capital Area Peer Services (CAPS)
354 Central Avenue, Albany, NY 12208-2331
Phone: (518) 427-5056 Fax: (518) 427-5059
Website: www.nycaps.org Facebook: Capital Area Peer Service
Services Provided: Consumer Drop-in Center, Peer Support, CARELine (Consumer Alternative Recovery Empowerment Phone Line), Peer Advocacy, Supportive Residence Program

Capital Counseling
650 Warren Street, Albany, NY 12208
Phone: (518) 462-6531
Website: http://www.capitalcounseling.org Facebook: @capitalcounseling
Services Provided: Capital Counseling provides a range of services and programs for organizations looking to promote better mental health and provide access to service for employees, members, and constituents. Business and Organizations: Crisis Services, Training and Education, Alcohol and Substance Abuse Assessments, Employee Assistance Programs State and Local Government: Contracted telephone based-after hours crisis services, Employee Assistance Programs, Compliance Trainings Healthcare Professionals and Managed Care Groups: Inpatient to outpatient home transition counseling services, Phone-based clinical office support, and case management, referral services

Equinox, Inc. Mental Health Services
95 Central Avenue, Albany, NY 12206
Phone: (518) 435-9931 Domestic Abuse Hotline: (518) 432-7865
Website: www.equinoxinc.org/page/mental-health-services-25.html Facebook: @EquinoxAlbany
Purpose: To enable those living with mental illness to move forward on their paths to recovery, healing, and independence. Programs Provided:
- residential programs
- individual therapy and group treatment
- medication therapy
- case management
- family resources
- vocational, social, and community connections
Mental Health Empowerment Project (MHEP)
3 Atrium Drive, Suite 205, Albany, NY 12205
Phone: (518) 434 1393
Website: http://www.mhepinc.org   Facebook: @MentalHealthEmpowermentProject
Services Provided:
Training and Technical Assistance Center offering training and skills building activities to people in recovery and mental health professional, and the community at large on the full range of topics that help people connect with their personal power and power of self-help.
Peer Networking Groups such as Grassroots Networking for peers to come together to disseminate information, share self-directed recovery tools, identify community resources and work together to identify and strategize issues related to systems advocacy.
Empowerment Exchange which offers strategies that will encourage current or former recipients of mental health services to find their personal power and use their unique voice.
Albany County Dual Recovery Specialists who assist in the development of self-help resources, provide education to support individual growth and further systems advocacy and education and collaboration with community service providers.

New York Association of Psychiatric Rehabilitation Services (NYAPRS)
194 Washington Avenue Suite 400, Albany, NY 12210
Phone: (518) 436-0008   Fax: (518) 436-0044
Website: www.nyaprs.org   Facebook: @NYAPRSAlbany
Services Provided: Peer Services, Systems Transformation, Community and Economic Development, Cultural Competence
Target Population: NYAPRS is dedicated to improving services and social conditions for people with psychiatric disabilities or diagnoses, and those with trauma-related conditions by promoting their recovery, rehabilitation, and rights so that all people can participate freely in the opportunities of society.

Parsons Child and Family Center
401 New Karner Road, Albany NY 12205
Phone: (518) 426-2600
Website: www.parsonscenter.org   Facebook: @ParsonsCenter
Services Provided: Behavioral Health Child and Family services.

Rehabilitation Support Services
314 Central Avenue, Albany, NY 12206
Phone: (518) 462-1094   Fax: (518) 462-1097
Albany County Services Website: http://rehab.org/county/albany-county/
Facebook: Rehabilitation Support Services, Inc.
Services Provided: RSS works with children and adults to offer various ancillary services such as contracts with Adult Career and Continuing Education Services – Vocational Rehabilitation (ACCESS – VR) for supported
employment in ten counties, as well as numerous subcontracts with county departments of mental health, probation, adult social services and children and family services. Children and family services include an eight-bed community residence for adolescent girls, another eight-bed community residence for adolescent boys and girls, an after-school social and recreation program, Multisystemic Therapy (MST) and a Family Support Program.

**Target Population:** Children and Adults

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**Samaritan Counseling Center**
Delmar Office: 386 Delaware Ave., Delmar, NY 12054  
Latham Office: 568 New Loudon Road, Latham, NY  
Phone: (518) 374-3514  Fax: (518) 374-9193  
Website: [www.samaritancounselingcenter.org](http://www.samaritancounselingcenter.org)  
Facebook: @samaritancounselingcenter.org  
**Services Provided:** We provide a wide range of quality services including individual counseling, couples counseling, and family counseling in addition to business consulting, professional development for clinicians, and services to meet the unique needs of clergy and congregations.

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**Saratoga Psychological Associates**
Latham Office: 711 Troy Schenectady Road, Latham, NY 12110  
Phone: (518) 587-0499  Fax: (518) 587-0536  
Albany Office: 1 Marcus Blvd Suite 105, Albany, NY 12205  
Phone: (518) 783-1063  Fax: (518) 786-6467  
Website: [www.saratogapsych.com/](http://www.saratogapsych.com/)  
**Services provided:** Individual psychotherapy, family therapy, couples therapy, group therapy, assessment (psychological, forensic, and neuropsychological), and community education/family training

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**St. Peter’s Hospital Psychiatry and Counseling**
315 South Manning Boulevard, Albany, NY 12208  
Website: [www.sphcs.org/PsychiatryCounseling](http://www.sphcs.org/PsychiatryCounseling)  
**Inpatient Services Provided:** Psychiatric assessment, medication assessment and management, and recommendations and referrals for outpatient follow-up for problems, which may include but are not limited to: depression; anxiety; medical withdrawal from alcohol or drugs; and, mental status changes.  
**Outpatient Services Provided:** Psychotherapy, Psychiatry and Stress Management.  
Phone: (518) 525-1304  
**Eligibility:** Adult, 18 years of age or older; actively seeking psychotherapy (psychiatric treatment is not provided independently of therapy); able to participate safely in an outpatient treatment program; and, a patient who utilizes the St. Peter’s health care system.
RENSSLEAER COUNTY:

Bick Wanck MD & Associates
516 Washington Avenue, Rensselaer, NY 12144
Phone: (518) 432-0432  Fax: (518) 583-4247
Website: bickwanckmdassociates.com
Services Provided: Psychiatric Evaluations; Child and Adolescent Evaluations; Psychological Testing; Medication Management; Group Counseling; Couples Therapy; Family Therapy; Individual Therapy including Insight Oriented, Supportive Counseling, Cognitive Behavioral Therapy, Play Therapy

Capital Counseling
120 Defreest Drive, Suite 220, Troy, NY 12180
Phone: (518) 462-6531
Website: www.capitalcounseling.org  Facebook: @capitalcounseling
Services Provided: Capital Counseling provides a range of services and programs for organizations looking to promote better mental health and provide access to service for employees, members, and constituents.
Business and Organizations: Crisis Services, Training and Education, Alcohol and Substance Abuse Assessments, Employee Assistance Programs
State and Local Government: Contracted telephone based-after hours crisis services, Employee Assistance Programs, Compliance Trainings
Healthcare Professionals and Managed Care Groups: Inpatient to outpatient home transition counseling services, Phone-based clinical office support, and case management, referral services

Mental Health Empowerment Project- Heroes at Home
1600 7th Avenue, 4th Floor, Troy, NY 12180
Phone: (518) 545-6781  Website: www.mhepinc.org/projects/heroes-at-home
Facebook: @MentalHealthEmpowermentProject
Services Provided: Vet2Vet Peer Support- Heroes at Home provides one-to-one peer support for Veterans and family members.

Rehabilitation Support Services
314 Central Avenue, Albany, NY 12206
Phone: (518) 462-1094  Fax: (518) 462-1097
Albany County Services Website: http://rehab.org/county/albany-county/
Facebook: Rehabilitation Support Services, Inc.
Services Provided: RSS works with children and adults to offer various ancillary services such as contracts with Adult Career and Continuing Education Services – Vocational Rehabilitation (ACCESS – VR) for supported employment in ten counties, as well as numerous subcontracts with county departments of mental health, probation, adult social services and children and family services. Children and family services include an eight-bed community residence for adolescent girls, another eight-bed community residence for adolescent boys and girls, an after-school social, and recreation program, Multisystemic Therapy (MST) and a Family Support Program.
Target Population: Children and Adults

Updated October 2017
Rensselaer County Department of Mental Health
1600 7th Avenue, Troy, NY 12180
Unified Services Phone: (518) 270-2800
Hoosick Falls Center Phone: (518) 686-0694
Rensselaer Center Phone: (518) 463-8869
Email: info@rensco.com Website: http://www.rensco.com/departments/mental-health/
Facebook: Rensselaer County Mental Health
Services Provided: Unified Services for Children & Adolescents Outpatient Clinic; Forensic Services; Rensselaer City Center Outpatient Treatment; Non-Medicaid Care Coordination; Hoosick Falls Satellite Outpatient Treatment; Health Home Care Coordination Services for Adults; Services to residents of Private Proprietary Homes for Adults (PPHA); Children’s Health Home Care Coordination; MICA (Mental Illness and Chemical Addiction) Outreach and Assessment Services; Medicaid Service Coordination; Substance Abuse Prevention Services; Single Point of Access – SPOA (adult housing and children and youth care coordination)

Samaritan Counseling Center
706 Bloomingrove Drive, Rensselaer, NY 12144
Phone: (518) 374-3514 Fax: (518) 374-9193
Website: samaritancounselingcenter.org Facebook: Samaritan Counseling Center of the Capital Region
Services Provided: We provide a wide range of quality services including individual counseling, couples counseling, and family counseling in addition to business consulting, professional development for clinicians, and services to meet the unique needs of clergy and congregations.

Samaritan Hospital
2215 Burdett Avenue, Troy, NY 12180
Phone: (518) 271-3300 Facebook: Samaritan Hospital
Website: www.nehealth.com/Medical_Care/SAM/Behavioral_Health/
Services Provided: Behavioral health outpatient services
Target Population: Individuals who are dealing with psychological, psychiatric and addiction challenges.
SARATOGA COUNTY:

Adirondack Samaritan Counseling Center (ASCC)
15 Boulevard, Hudson Falls, NY 12839
Phone: (518) 747-2994 Fax: (518) 747-2996
Website: www.adirondacksamaritan.org Facebook: Adirondack Samaritan Counseling Center
Services Provided: Family Counseling (child and adolescent treatment, parenting and behavioral issues, divorce and separation, blended families, relationship issues), Individual Therapy (depression, anxiety, relationship issues, stress, cancer, eating disorders, mood disorders, life transitions, growth oriented psychotherapy, trauma and recovery, grief and loss, anger), Couples Counseling (couples counseling, marriage counseling, premarital counseling) Group Programs (Anger Management Project, Aggression Replacement Training, Family Life Education Programs, Men’s Opportunity Program, Topic Groups), Chronic Pain (therapeutic group for adults suffering with chronic pain).

Bick Wanck MD & Associates
401 Geyser Road, Saratoga Springs, NY 12866
Phone: (518) 583-3035 Fax: (518) 583-4247
Website: www.bickwanckmdassociates.com
Services Provided: Psychiatric Evaluations; Child and Adolescent Evaluations; Psychological Testing; Medication Management; Group Counseling; Couples Therapy; Family Therapy; Individual Therapy including Insight Oriented, Supportive Counseling, Cognitive Behavioral Therapy, Play Therapy

Capital Counseling
100 West Ave, Saratoga Springs, NY 12866
4 Chelsea Place Suite 102 Clifton Park, NY 12065
Phone: (518) 462-6531
Website: www.capitalcounseling.org Facebook: @capitalcounseling
Services Provided: Capital Counseling provides a range of services and programs for organizations looking to promote better mental health and provide access to service for employees, members, and constituents.
Business and Organizations: Crisis Services, Training and Education, Alcohol and Substance Abuse Assessments, Employee Assistance Programs
State and Local Government: Contracted telephone based-after hours crisis services, Employee Assistance Programs, Compliance Trainings
Healthcare Professionals and Managed Care Groups: Inpatient to outpatient home transition counseling services, Phone-based clinical office support, and case management, referral services

Four Winds Hospital
30 Crescent Avenue, Saratoga Springs, NY 12866
Phone: (518) 584-3600 (main) or 1-800-888-5448 (admissions)
Website: www.fourwindshospital.com Facebook: @FourWindsSaratoga
Services Provided: Inpatient and Outpatient Treatment Programs including Inpatient Hospitalization (adolescent services, children services, adult and older adult services), Partial Hospital Program (Adults),
Intensive Outpatient Program (adult and adolescent programs), and Outpatient Services (child and adolescent outpatient program).

**Integro Counseling Services**
2454 Route 9, Suite 302, Malta, NY 12019
Phone: (518) 289-5555       Fax: (518) 289-5560
Website: www.integrocounseling.com       Facebook: Integro Mental Health Counseling Service
**Services Provided:** Counseling assistance to individuals, couples, teenagers, families, and children.

**Northeast Parent and Child Society**
Main Office: 530 Franklin St. Schenectady, NY 12305
Phone: (518) 346-1284
Website: http://www.neparentchild.org/       Facebook: @neparentchild
**Services Provided:** Behavioral Health, Case Management, Education, Family Foster Care, Prevention and Family Preservation, Residential Care

**Samaritan Counseling Center**
75 Railroad Place, Saratoga Springs, NY
971 Route 146, Clifton Park, NY
7 Hemphill Place, Malta, NY
Phone: (518) 374-3514       Fax: (518) 374-9193
Website: www.samaritancounselingcenter.org
Facebook: @samaritancounselingcenter.org
**Services Provided:** We provide a wide range of quality services including individual counseling, couples counseling, and family counseling in addition to business consulting, professional development for clinicians, and services to meet the unique needs of clergy and congregations.

**Saratoga Center for the Family-Mental Health Services**
359 Ballston Avenue, Saratoga Springs, NY
Phone: (518) 587-8008       Fax: 518-587-8241
Website: http://www.saratogacff.org/mental-health-services/
Facebook: @SaratogaCenter
**Services Provided:** Identification and assessment of children with behavioral and emotional health needs, individual, group and family therapies for crisis intervention, consultation with parents, teachers and school administration, parent and teacher training on mental health issues, referrals to other community mental health programs.
Saratoga County Citizens Committee for Mental Health, Inc.
P.O. Box 820, Saratoga Springs, NY 12866
Email the committee at info@scccmh-saratoga.org for additional information.
Website: www.scccmh-saratoga.org
Facebook: Saratoga County Citizens Committee for Mental Health
Services provided: Information to help people living with mental illness, their family and friends and mental health professionals including understanding how to live with mental illness, practical advice on crisis management, individual and family rights, tips on coping with stress and resources for mental health professionals.

Saratoga County Mental Health Center
135 South Broadway, Saratoga Springs, NY 12866
Phone: (518) 584-9030   Fax: (518) 581-1709
Website: www.saratogacountyny.gov/departments/mental-health-center/
Services Provided: See Below

Mental Health Clinic
Phone: (518) 584-9030
Location: Main Office- Saratoga Springs; Satellite Office- Mechanicville
Services Provided: Emergency and crisis intervention, screening and referral, individual, family and group counseling, medication and education management, symptom management
Target Population: Youth services for emotionally and behaviorally disturbed children and adolescents; Adult Services for mentally ill adults, particularly those who are seriously and persistently mentally ill.

Personalized Recovery Oriented Services
Phone: (518) 885-4521
Services Provided: Comprehensive, individualized, a recovery-based program that offers rehabilitation, support, and treatment services under one roof. Person-centered, group, and individual sessions, medication management, health screenings, family education, and support, vocational services, and supports.
Target Population: Adults over 18 with a mental illness diagnosis who have a functional disability

Alcohol and Drug Program
Phone: (518) 587-8800
Services Provided: Outpatient program.
*Reference Saratoga Alcohol and Substance Abuse Services in Addiction Services below

Saratoga Psychological Associates
Saratoga Office:
1 West Avenue, Suite 205, Saratoga Springs, NY 12866
Phone: (518) 587-0499   Fax: (518) 587-0536
Clifton Park Office:
632 Plank Road Clifton Park, NY 12065
Phone: (518) 587-0499   Fax: (518) 587-0536
Website: www.saratogpsych.com    Facebook: Saratoga Psychological Associates PC  
Services provided: Individual psychotherapy, family therapy, couples therapy, group therapy, assessment (psychological, forensic, and neuropsychological), and community education/family training.

Union Counseling Behavioral Health Center
5 Hemphill Place, Suite 121, Malta, NY 12020
Phone: (518) 374-6263    Fax: (518) 374-1778
Website: www.unionstreetcounseling.com/
Services Provided: Full Spectrum Behavioral Health Services (Stress & Anxiety, Depression, Abuse, Eating Disorders, Post-Traumatic Stress Disorder, Marital, Relationship & Family Issues, Attention Deficit Hyperactivity Disorder, Behavioral Issues in Children and Adolescents), Ongoing Psychotherapy, Medication Management, Psychological Assessment & Testing, Psychiatric Evaluation, Expert Consultation, Supervised & Therapeutic Visitations, Coordination of Care with Inpatient Facilities and PcPs

SCHENECTADY COUNTY:

Behavioral Health Center at Northeast Parent and Child (Children’s Mental Health Clinic)
530 Franklin Street, Schenectady, NY 12305
Phone: (518) 381-8911    Fax: (518) 377-4292
Website: http://nr.layer8group.com/client-services-2/behavioral-health/
Facebook: @neparentchild
Services Provided: Assessment and treatment. For more information, please contact David Rossetti, Chief Officer of Behavioral Health Services.
Target Population: Youth ages 0-24 who are having trouble functioning at home, in school, or in the community due to emotional and behavioral difficulties.

Capital Counseling
670 Franklin Street, Schenectady, NY 12605
Phone: (518) 462-6531
Website: www.capitalcounseling.org    Facebook: @capitalcounseling
Services Provided: Capital Counseling provides a range of services and programs for organizations looking to promote better mental health and provide access to service for employees, members, and constituents.
Business and Organizations: Crisis Services, Training and Education, Alcohol and Substance Abuse Assessments, Employee Assistance Programs
State and Local Government: Contracted telephone based-after hours crisis services, Employee Assistance Programs, Compliance Trainings
Healthcare Professionals and Managed Care Groups: Inpatient to outpatient home transition counseling services, Phone-based clinical office support, and case management, referral services

Updated October 2017
Ellis Hospital
1101 Nott Street, Schenectady, NY 12308
Phone: (518) 243-4000
Website: http://www.ellismedicine.org/services/mental-health.aspx
Facebook: @EllisMedicineNY

Adult Outpatient Mental Health Services
216 Lafayette Street, Schenectady, NY 12305
Phone: (518) 243-3300

Crisis/Inpatient Services
1101 Nott Street Schenectady, NY 12308
Phone: 518-243-4000

Ellis Hospital Child Adolescent Clinic
624 McClellan Street, Suite 204, Schenectady, NY 12304
Phone: (518) 382-2290
Website: www.ellismedicine.org/services/mental-health.aspx

Services Provided: Initial psychiatric assessments with diagnosis, medication management, psychotherapy/counseling services, crisis services (for existing patients), consultation/collateral services for schools and other professional agencies, wellness planning, community education
Target Population: Patients ages 4-18

Mohawk Opportunities
201 Nott Terrace, Schenectady, NY 12307
Phone: (518) 374-8424
Website: http://www.mohawkopportunities.org/2011.html Facebook: Mohawk Opportunities

Mission: We are a Schenectady-based not-for-profit agency committed to helping individuals living with Mental Illness, HIV/AIDS and those who are homeless achieve stable community living and independence by providing housing that is safe and affordable, services that facilitate growth and recovery, relationships built on a foundation of caring and respect and a sense of hope for the future.
Services Provided: Assertive Community Treatment (ACT), Dominion House, Community Residence Program (Curry House, Emmanuel House & Jones Home), Certified Apartment Program, Supported Housing Program, Continuum of Care Services, Rental Assistance Program for Persons Living with AIDS, Transitional Services Program

Rehabilitation Support Services
Division office located in Albany
314 Central Avenue, Albany, NY 12206
Phone: (518) 462-1094 Fax: (518) 462-1097
Schenectady County Services Website: http://rehab.org/county/schenectady/
Services Provided: RSS works with children and adults to offer various ancillary services such as contracts with Adult Career and Continuing Education Services – Vocational Rehabilitation (ACCESS – VR) for supported employment in ten counties, as well as numerous subcontracts with county departments of mental health, probation, adult social services and children and family services. Children and family services include an eight-bed community residence for adolescent girls, another eight-bed community residence for adolescent boys and girls, an after-school social and recreation program, Multisystemic Therapy (MST) and a Family Support Program.

Target Population: Children and Adults

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Samaritan Counseling Center
8 North Church Street, Schenectady, NY
220 North Ballston Ave., Scotia, NY 12302
Phone: (518) 374-3514  Fax: (518) 374-9193
Website: www.samaritancounselingcenter.org   Facebook: @samaritancounselingcenter.org
Services Provided: We provide a wide range of quality services including individual counseling, couples counseling, and family counseling in addition to business consulting, professional development for clinicians, and services to meet the unique needs of clergy and congregations.

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Schenectady County City Mission
425 Hamilton Street, Schenectady, NY 12305
PO Box 760 Schenectady, NY 12301
Phone: (518) 346-2275  Fax: (518) 346-2470
Website: www.citymission.com
Services Provided: Feed the hungry, provide shelter, empower employment, discipleship, and recovery, provide clothing, thrift & recycling clothing, community outreach programs

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Schenectady County Community Services
Contact: Office of Community Services
797 Broadway, Suite 304, Schenectady, NY 12305
Phone: (518) 386-2218  Fax: (518) 386-2212
Website: http://www.schenectadycounty.com/node/495

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Schenectady Mental Health Associates (SMHA)
1411 Union Street, Schenectady, NY 12308
Phone: (518) 374-0295  Fax: (518) 377-3729
Website: www.smha-crown.com
Services Provided: Individual, couples, marital and family counseling for the following diagnostic categories: depressive disorders, impulse control disorders, anger management, bipolar disorders, anxiety disorders, schizophrenia disorders, eating disorders, learning disorders, ADHD & Disruptive Behavior Disorders, Autistic Spectrum Disorders, Post-traumatic Stress Disorder
SPOA (Adults)
Care Management Services
108 Erie Boulevard, Schenectady, NY 12305
Phone: (518) 382-7932
Target Population: For adults with a serious mental illness and in need of care management.
Assisted Outpatient Treatment (Kendra’s Law)
Target Population: Individuals with serious mental illnesses who are unable to live safely in the community.
More information: http://bi.omh.ny.gov/aot/about

SPOA Single Point of Access (Child and Adolescent)
Office of Community Services
797 Broadway Suite 304, Schenectady NY 12305
Phone: (518) 386-2218 Fax: (518) 386-2212
Website: http://www.schenectadycounty.com/node/281
How to apply: The SPOA Coordinator for Children will review the application and request additional documentation if needed. A meeting with the family is then scheduled with the SPOA Committee to discuss their concerns, answer questions, and provide information about the services available to their child. After the committee reviews the case determination is made regarding service eligibility. The Coordinator will notify the family and then inform them of the outcome of the meeting.

Union Counseling Behavioral Health Center
1311 Union Street, Schenectady, NY 12308
Phone: (518) 374-6263 Fax: (518) 374-1778
Website: www.unionstreetcounseling.com/
Services Provided: Behavioral Health Services (Stress & Anxiety, Depression, Abuse, Eating Disorders, Post-Traumatic Stress Disorder, Marital, Relationship & Family Issues, Attention Deficit Hyperactivity Disorder, Behavioral Issues in Children and Adolescents), Ongoing Psychotherapy, Medication Management, Psychological Assessment & Testing, Psychiatric Evaluation, Expert Consultation, Supervised & Therapeutic Visitations, Coordination of Care with Inpatient Facilities and PcPs.
CAPITAL REGION ADDICTION SERVICES

ALBANY COUNTY:

Addiction Care Center of Albany
90 McCarty Avenue, Albany, NY 12202
Phone: (518) 465-5470
Website: www.acca.net Facebook: @addictionscarecenter
Services Provided: Outpatient services including day rehab, a medically-supervised outpatient program, and an evening program (1044 Broadway, Albany, NY Phone: (518) 434-2367) Community Residence recovery programs for men and women who are in the early to later stages of recovery.

Albany County Department of Mental Health
175 Green Street, Albany, NY 12202
Phone: (518) 447-4537 Fax: (518) 447-4577
Website: http://www.albanycounty.com/Government/Departments/DepartmentofMentalHealth.aspx
Mission: To ensure that persons with mental illness, substance and alcohol problems or developmental disabilities are provided a full range of services that promote stabilization, rehabilitation, and recovery for the purpose of enhancing or improving their lives.
Services Provided: See Below

Substance Abuse Services
260 South Pearl Street, Albany, NY 12202
Phone: (518) 447-4551 Fax: (518) 447-2046
Services Provided: Comprehensive medically supervised outpatient services to individuals of all ages. Our professional staff is specially trained in the treatment of addictions and addresses all aspects of an individual's substance use, abuse, or dependency problems.

Community Services Board
272 Broadway, Menands, NY, 12204
Phone: (518) 482-5744
Purpose: Community residents who have an interest in services for the mentally disabled are welcome to attend meetings of the Community Services Board and its three subcommittees on mental health, mental retardation and developmental disabilities, and alcoholism and substance abuse.
Subcommittee on Alcohol and Substance Abuse:
Third Thursday of the month, 8:30-10:00 am
175 Green Street, Director's Conference Room
Chair: Lewis Krupka
Phone: (518) 356-1012 Email: gamblenomore@talktherapy.com
**Belvedere Addictions Center**  
1 Van Tromp Street, Albany, NY 12207  
Phone: (518) 694-9400  
**Website:** www.belvedereaddictionscenter.com  
**Facebook:** Belvedere Addictions Center  
**Hours:** Monday, Thursdays, Fridays 8:00 am – 4:00 pm;  
Tuesdays and Wednesdays 8:00 am – 7:00 pm  
**Services Provided:** Outpatient programs, group and individual treatment sessions, initial and ongoing assessments  
**Target Population:** Adults suffering from addiction

**Camino Nuevo**  
175 Central Ave., Albany, NY 12206  
Phone: (518) 729-5659  
**Hours:** Monday through Friday 9:00 am to 6:00 pm; Saturday 7:00 am to 12:00 pm  
**Website:** www.acacianetwork.org  
**Services Provided:** Personalized Health Assessment; Medication assisted treatment including Buprenorphine; Impaired Driving Program; Intensive Outpatient Services; HIV/Early Intervention Services; Psychiatric Assessment Management; Individual, group and family counseling; Relapse Prevention and Wellness; Educational/Vocational placement and referrals; Cultural and Recreational Events; Benefits/Entitlements assistance; Monthly Recovery Celebrations  
**Admission Criteria:** Substance Use History; Family Treatment; Adolescent Services: 13-17 years of age and Adult Services: 18 years of age or older

**Capital City Rescue Mission**  
259 South Pearl Street, Albany, NY  
Phone: (518) 462-0459  
**Website:** www.capitalcityrescuemission.com  
**Facebook:** @capitalcityrescuemission  
**Services Provided:** Free shelter, clothing, food (3 meals/day, 365 days/yr.), clothing provided to residents in need, addiction recovery program (residents who participate in addiction recovery program are sheltered for nine months-1 year.

**Catholic Charities**  
100 Slingerland Street, Albany, NY 12202  
Phone: (518) 449-3581  
Fax: (518) 426-3662  
**Website:** www.carecoordinationcc.org/  
**Services Provided:** Health home care coordination, intensive and supportive case management, Project Safe Point (syringe disposal, access/exchange services, recovery readiness counseling, treatment access, HIV/Hepatitis testing and opioid overdose prevention), linguistic services (medical interpretation for those with limited English proficiency); housing support services, personal care closet, and emergency financial assistance
Friends of Recovery-New York
1529 Western Avenue, Albany, NY 12203
Phone: (518) 487-4395 Email: familyrecovery@for-ny.org
Website: www.for-ny.org Facebook: @recoveryny
Services Provided: Friends of Recovery-New York is a statewide Recovery Community Organization (RCO) working on behalf of thousands of individuals and families in New York to educate decision makers and the public about addiction recovery. We are dedicated to ending discrimination and removing barriers to treatment, housing, and employment; and we support the expansion of recovery support services for individuals and families.

Hope House, Inc.
573 Livingston Avenue, Albany, NY 12206
Phone: (518) 482-4673
Website: www.hopehouseinc.org Facebook: @hopehousealbany
Services Provided: Medication Assisted Treatment options for opioid use disorder, alcohol use disorder, and nicotine use disorder – such as Vivitrol, Suboxone, and Probuphine. We believe in multiple pathways to recovery, including the utilization of medication to treat the disease of addiction.
Target Populations: Specialized programs for Men, Women, Adults, and Children

Peter Young: Housing, Industry & Treatment
1180 Berne-Altamont Road, Altamont, NY 12009
Phone: (518) 861-6207 Email: PGTFoundation@pyhit.org
Website: www.pyhit.com Facebook: Peter Young Housing Industries Treatment
Services Provided: Vocational Training, Educational Programs, Job Placement Services, Emergency Shelter and Transitional Living Services, Parole Re-Entry Services, Veterans Services, HIV services, NYS Industries for the Disabled, NYS-certified inpatient, residential and outpatient treatment facilities and counseling and evaluation programs, develops and manages resources to fund programs and services in alcohol and drug rehabilitation alternatives to incarceration and job training skills.

Senior Hope Counseling, Inc.
301 South Allen Street, Albany, NY 12208
Phone: (518) 489-7777 Fax: (518) 489-7771
Website: www.seniorhope.org
Services Provided: Evaluation and assessment, case management and referral, individual and family counseling, men and women specialized group sessions, weekly AA meetings. Outpatient Adolescent locations for those younger than 18.
St. Peter’s Health Partners (SPARC)
3 Mercycare Lane, Guilderland, NY 12084
Phone: (518) 452-6700
Website: www.sphcs.org/addictionrecoverysparc   Facebook: @StPetersHealthPartners
Services Provided: Inpatient Detoxification, Inpatient Rehabilitation, Men’s Community Residence, Outpatient Treatment Programs, Drinking Driver Program, and Shelter Plus Care
Target Population: Anyone 18 years or older who is struggling with alcoholism or chemical dependency. Outpatient Adolescent locations for those younger than 18.

Whitney Young Methadone Maintenance
Harry and Jeanette Weinberg Treatment Center
10 Dewitt Street, Albany, NY 12207
Phone: (518) 463-3882   Fax: (518) 465-9435
Website: www.wmyhealth.org   Facebook: @WhitneyYoungHealthCenter
Medicating Hours: Monday through Friday 6:30 am – 10:00 am; 12:30 pm – 3:00 pm; Sat 6:00 am – 11:00 am
Services Provided: Methadone maintenance is a long-term therapeutic intervention for addiction to heroin and other opiates. Methadone is a synthetic narcotic medication that blocks heroin effects and reduces the craving for other narcotics.
RENSSELAER COUNTY:

CD Intensive Residential Pahl Inc
559 6th Avenue, Troy, NY 12182
Phone: (518) 237-9891

Services Provided: Substance abuse treatment, a halfway house and residential treatment for adolescents.

Conifer Park Outpatient Center
2435 Sixth Avenue, Troy, NY 12180
Phone: (518) 274-5143 Fax: (518) 273-1350
Website: www.coniferpark.com/outpatient-services

Services Provided: Early recovery, relapse prevention, dual-focused groups, gender-specific groups, methadone maintenance, buprenorphine, a Professionals Group and a Next Level Group

Hudson Mohawk Recovery Center
1724 Fifth Avenue, Troy, NY 12180
Phone: (518) 272-3918 Fax: (518) 272-6391
Website: www.hmrecovery.net Facebook: Hudson-Mohawk Recovery Center

Services Provided: See Below

Outpatient Services:
1724 Fifth Avenue, Troy, NY 12180
Phone: (518) 272-3918 Fax: (518) 272-2149/ (518) 272-6391
743 Columbia Turnpike, East Greenbush, NY 12061
Phone: (518) 477-7535 Fax: (518) 477-7555
69 Church Street, Hoosick Falls, NY 12090
Phone: Contact Troy office at (518) 272-3918 Fax: (518) 272-6391

Services provided at all: Evaluation; Individual Counseling; Group Counseling; Family Counseling; Crisis Walk-in Services

Day Treatment:
Location: Troy Offices

Services provided: Daily therapy group, weekly individual sessions, and attendance at specialized groups to include: health, relapse prevention, alcohol/drug education, daily living skills, etc. Clients may also be referred to other services in the community.

Adolescent Services
Location: Troy and East Greenbush offices

Services provided: Comprehensive evaluation; Individual and group services using an evidence based 12 session curriculum; Motivational Enhancement; Psychiatric assessment for those experiencing co-occurring mental health problems

Family Services Included: Parent/guardian involvement with the adolescent’s evaluation and treatment; Assessment of the substance use and mental health status of parents/guardians and other
family members as appropriate; Assessment of family functioning based on seven universal clinical parameters (e.g. communication, task accomplishment, and role performance); STEP/Teen Parenting Group

Residential Services
Location: Elizabeth’s House, 106-108 Ninth Street, Troy, New York 12180
Phone: (518) 272-0206 Fax: (518) 272-0208
Supportive Living for Men
Phone: (518) 237-9891

Specialized Services
Services provided: PAT program, Evening Intensive Program, Adolescent Program, Women’s Group; Vocational Services

Gambling Services
Services Provided: screening, evaluation, individual and group counseling, educational services on problem and pathological gambling, relapse
*Services may be provided as a distinct service or in conjunction with substance abuse services

Educational Programs
Services provided: Drinking Driving Program/ Project Save; Batterers’ Intervention Program; Educate Youth Program

St. Mary’s Hospital Addictions Services
1300 Massachusetts Avenue, Troy, NY 12180
Phone: (518) 268-5542
Website www.sphp.com/addiction-smh
Services provided: Full range or detoxification, rehabilitation, and medical services are available as well as specialized programming to address relapse, poly-substance use, family issues, and post-discharge support.
SARATOGA COUNTY:

Nelson House
181 Phila Street, Saratoga Springs, NY 12866
Phone: (518) 583-4212    Facebook: Nelson House
Services Provided: Sober Living Residence for Women in Recovery

The Prevention Council of Saratoga County
125 High Rock Avenue, Saratoga Springs, NY 12866
Phone: (518) 581-1230    Fax: (518) 581-1240
Website: www.preventioncouncil.org    Facebook: @PrevCouncil
Services Provided: The Prevention Council staff work in a wide range of venues – from schools and summer camps to courts and family homes – to provide prevention services, including program development and community-based initiatives that help strengthen the messages we deliver to Saratoga youth. Service offerings include information and resources, camps, all stars camp, classes, counseling services, prevention education, training programs, gambling prevention, health and human services, training for intervention purposes (TIPS), Unstung Heroes.

St. Peter’s Addiction Recovery Center (SPARC)
125 High Rock Avenue, Saratoga, NY 12866
Phone: (518) 885-6884    Website: http://www.sphcs.org/addictionrecoverysparc
Facebook: St Peter’s Addiction Recovery Center Sparc
Services provided: Outpatient Treatment Programs

Saratoga County Mental Health Center-Alcohol and Substance Abuse Services
135 South Broadway, Saratoga Springs, NY 12866
Phone: (518) 587-8800
Website: http://www.saratogacountyny.gov/departments/mental-health-center/
Services Provided: Alcohol and Drug Program- Saratoga County Alcohol and Substance Abuse Services is a medically supervised outpatient program providing treatment for individuals suffering from an alcohol and drug program and for family members trying to cope with the presence of alcohol or drug problems within the family. Treatment is designed to promote abstinence, to improve community integration, and to improve daily functions. Services include screening, referral, assessment, and individual and group counseling.
SCHENECTADY COUNTY:

Bridge Center of Schenectady
72 Union Avenue, Schenectady, NY 12308
Phone: (518) 346-1277
Services Provided: Substance Abuse Treatment, Buprenorphine Services, Residential Long-Term Treatment
Population Served: Men

Carver Community Counseling Services
846 State Street, Schenectady, NY 12307
Phone: (518) 382-7838
Services Provided: Outpatient drug and alcohol rehabilitation center with a primary focus on substance abuse, buprenorphine services

Conifer Park
79 Glenridge Road, Glenville, NY 12302
Phone: 1-800-989-6446 eFax: (518) 691-9211
Website: www.coniferpark.com Facebook: Conifer Park
Services Provided: Adolescent Rehabilitation, Inpatient Rehabilitation, Detoxification ad Crisis Counseling, Family Program, Co-Occurring Disorders/MICA Services, Activities, and Recreation Program

New Choices Recovery Center
302 State Street, Schenectady, NY 12305
Phone: (518) 346-4436
Website: www.newchoicesrecovery.org Facebook: New Choices Recovery Center
Services Provided: Clinical Services, Impaired Driver Program (IDP), Permanent Supportive Housing, Residential Services, Wraparound Aftercare Initiative (community-based services to individuals with addictions to heroin and opioid-based prescriptions)

Perrin House
575 Lansing Street, Schenectady, NY 12303
Phone: (518) 346-4509 Facebook: Perrin House
Services Provided: Substance, Drug, and Alcohol Abuse program

Peter Young: Housing, Industry & Treatment
428 Duane Avenue, Schenectady, NY 12304
Phone: (518) 377-2448 Email: PGTFoundation@pyhit.org
Website: www.pyhit.com Facebook: @PYHIT
Services Provided: Vocational Training, Educational Programs, Job Placement Services, Emergency Shelter and Transitional Living Services, Parole Re-Entry Services, Veterans Services, HIV services, NYS Industries for the Disabled, NYS-certified inpatient, residential and outpatient treatment facilities and counseling and evaluation
programs, develops and manages resources to fund programs and services in alcohol and drug rehabilitation alternatives to incarceration and job training skills.

St. Peter’s SPARC
2925 Hamburg Street, Schenectady, NY 12303
Phone: (518) 357-2909 Website: http://www.sphcs.org/addictionrecoverysparc
Facebook: St Peter's Addiction Recovery Center Sparc
Services Provided: Outpatient Treatment Program
RESOURCES OUTSIDE TWIN COUNTIES & CAPITAL DISTRICT

Cornerstone of Rhinebeck
91 Serenity Hill Rd., Rhinebeck.
Phone: (845) 266-3481; Website: [www.cornerstoneny.com](http://www.cornerstoneny.com) Facebook: Cornerstone of Rhinebeck
Services Provided: Cornerstone offers Inpatient rehab and medical detox. 24 inpatient units that operate 24/7.

HealthAlliance of the Hudson Valley (Benedictine Hospital)
105 Mary's Avenue, Kingston.
Phone: (845) 338-2500; Website: [www.hahv.org/find-care/services/addiction-recovery/](http://www.hahv.org/find-care/services/addiction-recovery/)
Facebook: @healthalliancehv
Services Provided: Medical Detox, Inpatient Addiction Treatment Program, and Inpatient Rehab offered in hospital setting. Outpatient treatment offered at Bridge Back of Kingston (Benedictine) Hospital in two locations: Kingston and Saugerties (845-943-6091).

McPike Addiction Treatment Center
1213 Court St., Utica.
Phone: (315) 738-4600; Website: [www.oasas.ny.gov/atc/mcpike/general.cfm](http://www.oasas.ny.gov/atc/mcpike/general.cfm)
Facebook: McPike Addiction Treatment Center
Services Provided: A 68-bed, NYS-operated inpatient facility providing a proven individualized program of recovery for adult men and women who have a chemical addiction. Serves 16 counties, including Columbia and Greene.

Mid-Hudson Addiction Recovery Centers, Inc. (MARC)
51 Cannon St., Poughkeepsie.
Phone: (845) 452-8816; Website: [www.marc.us.com](http://www.marc.us.com)
Facebook: Mid-Hudson Addiction Recovery Centers, Inc.
Services Provided: Crisis Center offers inpatient non-medical detox. Bolger House is a 24-bed men's residence. Florence Manor is a 24-bed female residence. Dowling House is a co-ed, 12-bed, supported housing environment.

Richard C. Ward Addiction Treatment Center
117 Seward St., Suites 12-16, Middletown.
Phone: (845) 341-2500; Website: [www.addicted/org/directory/item/rc-ward-addiction-treatment-center-inpatient-rehabilitation-unit.html](http://www.addicted/org/directory/item/rc-ward-addiction-treatment-center-inpatient-rehabilitation-unit.html)
Services Provided: A 60-bed, NYS-operated, inpatient facility offering innovative treatment and services to aid in the recovery of addicts and their families. Ward ATC offers Acupuncture Services, a Specialized Women's Track, Dual Recovery Groups, and a new creative arts program called Innervisions to help addicts express feelings in healthy ways. Serves a 10-county area including Columbia and Greene.
Samaritan Daytop Village
Administrative Headquarters: 138-02 Queens Blvd., Briarwood.
Phone: (718) 206-2000 or 1-800-532-HELP (4357); Website: www.samaritanvillage.org
Facebook: Samaritan Village Ellenville
Services Provided: In late 2015, Daytop Village, Inc merged with Samaritan Village. All levels of care provided.
Long term residential treatment programs in Ellenville and Rhinebeck.

St. Joseph's Addiction Treatment Center
91 Woodruff St., Saranac Lake.
Phone: (518) 891-3950 or (877) 813-8647; Website: http://www.stjoestreatment.org
Facebook: St. Joseph’s Addiction Treatment Center
Services Provided: Inpatient and outpatient treatment and aftercare services offered to men, women, teens and their families, veterans in several locations in NYS.
MEDICATION ASSISTED TREATMENT PROVIDERS

Suboxone Providers

Irma Waldo  
350 Power Ave., Hudson  
Phone: (518) 828-9300

William Murphy  
31 Dardess Drive, Chatham  
Phone: (518) 392-6650

S. Merkhan  
159 Jefferson Heights, Suite D107, Catskill  
Phone: (518) 943-1442

Ravi Ramaswami  
854 Rt 212, Saugerties  
Phone: (845) 246-2804

Joshua Rosenfield  
9 Law St., Coxsackie  
Phone: (518) 731-2120

Charles Kutler  
350 Washington Ave., Kingston  
Phone: (845) 338-7140

Vinay Kumar  
246 Marlboro, MA  
Phone: (508) 460-3872

S. Fuhrman  
363 Delaware Ave., Delmar  
Phone: (518) 439-9911

Lisa Bevilacqua  
Debra Zimring  
1240 New Scotland Ave., Slingerlands  
Phone: (518) 439-2460

Angelo Potenciano  
Sparo 2nd Ave., Albany  
Phone: (518) 449-5170

Jeanette Thornton  
Straton VA Medical Ctr., 113 Holland Ave., Albany  
Phone: (518) 626-5328

Jose David  
SPARC Detox, 315 S. Manning Blvd., Albany  
Phone: (518) 525-1303

Michael Alexandrov  
25 Elk St., Albany  
Phone: (518) 952-8356

Thomas Kuettel  
747 Madison Ave., Albany  
Phone: (518) 427-8212

Chisara Adonia  
900 Lark St., Albany  
Phone: (518) 465-9345

Mark Oldendorf  
1365 Washington Ave., Albany  
Phone: (518) 435-1300

Vivitrol Providers

Marilyn Miller  
Columbia Memorial Health, Suite 130, Hudson  
Phone: (518) 697-3540

Methadone Maintenance

Kingston MTP  
2 Barbarossa Lane, Kingston  
Phone: (845) 943-6022

Whitney Young  
10 Dewitt St., Albany  
Phone: (518) 463-3882

Lexington Center  
230 North Rd., Poughkeepsie  
Phone: (845) 486-285

Updated October 2017
Alcoholics Anonymous
Capital District Central Office: (518) 463-0906
Website: www.aa.org  Capital District Central AA Website: http://aaalbanyny.org/meetings/
Services Provided: Alcoholics Anonymous is a fellowship of men and women who have had a drinking problem. It is nonprofessional, self-supporting, multiracial, apolitical, and available almost everywhere. There are no age or education requirements. Membership is open to anyone who wants to do something about his or her drinking problem.

Capital District Psychiatric Center (CDPC)
75 New Scotland Avenue, Albany, NY 12208-3474
Phone: (518) 549-6000   Fax: (518) 549-6804
Website: https://www.omh.ny.gov/omhweb/facilities/cdpc/   Facebook: Capital Dist Psychiatric Center
Services Provided: Capital District Psychiatric Center (CDPC) provides inpatient psychiatric treatment and rehabilitation to patients who have been diagnosed with serious and persistent mental illnesses, and for whom brief or short-term treatment in a community hospital mental health unit has been unable to provide symptom stability. CDPC has outpatient treatment services for children, adolescents, and adults. CDPC also operates three adult community residences. Located in Albany, New York, CDPC is in the center of the service area and is within an hour's drive of the counties served.
Target Population: Child and Adolescents outpatient up to the age of 18; Adult inpatient/outpatient and Adult Community residences

Friends of Recovery-New York
1529 Western Avenue, Albany, NY 12203
Phone: (518) 487-4395
Website: www.for-ny.org   Email: familyrecovery@for-ny.org   Facebook: @recoveryny
Services Provided: Friends f Recovery- New York is a statewide Recovery Community Organization (RCO) working on behalf of thousands of individuals and families in New York to educate decision makers and the public about addiction recovery. We are dedicated to ending discrimination and removing barriers to treatment, housing, and employment; and we support the expansion of recovery support services for individuals and families.

Mental Health Association in New York State Inc. (MHANYS)
194 Washington Avenue, Suite 415, Albany, NY 12210
Phone: (518) 434-0439
Website: www.mhanys.org   Facebook: @MHANYSinc
Services Provided: MHANYS is a not-for-profit organization that works to end the stigma against mental illness and promotes mental health wellness in New York State. MHANYS achieves this through training, education, advocacy, and policy, community-based partnership programming, and by connecting individuals and families to help.
National Alliance on Mental Illness (NAMI) of NYS
99 Pine Street Suite 105, Albany, NY 12207
Phone: (518) 462-2000  Helpline: (800) 950-3228
Website: http://www.naminys.org/
Purpose: Public Education and Information Activities/Programs, Peer Education and Support, Raising Awareness and Fighting Stigma, and State and Federal Advocacy

NYS Office of Alcoholism and Substance Abuse Services (OASAS)
1450 Western Ave., Albany, NY 12203-3526
Phone: (518) 473-3460; Website: www.oasas.ny.gov
Services Provided: Oversees state-run treatment centers. Provides guidance, oversight, advocacy for persons affected by alcohol and/or substance use.

OASAS HopeLine
Phone: (877) 8HOPENY or (877)-846-7369
Services Provided: Offering help and hope 24 hours a day, 365 days a year for alcoholism, drug abuse and problem gambling. Crisis and motivational interviewing for callers in need; referrals to more than 1,500 local prevention and treatment providers; 48 hours call back to those who wish to be contacted; multi-lingual. All calls are confidential.

OASAS Bed Availability Dashboard
Website: https://bi1.oasas.ny.gov/analytics/saw.dll?Dashboard
Purpose: Search bed availability using a single criteria or any combination of county, city, organization, gender and age group. Residential only, not outpatient.

OASAS Provider Directory Search
Website: https://www.oasas.ny.gov/providerDirectory/index.cfm?search_type=2
Purpose: Online database of all Certified Providers, searchable by Region, County, Zip Code and Program Type.

OASAS Regional Field Office Staff
Website: www.oasas.ny.gov/pio/regdir.cfm
Purpose: Directory of 11 OASAS Field Staff Offices, including contact information and address.

State-Operated Addiction Treatment Centers (ATCs)
Website: https://www.oasas.ny.gov/atc/index.cfm
Purpose: Admission Criteria, full list of 12 ATC’s, including address, list/link to catchment area map and contact info.
Level of Care for Alcohol and Drug Treatment Referral
Website: https://www.oasas.ny.gov/treatment/health/locadtr/index.cfm
Purpose: Web-based tool used by substance abuse treatment providers, Medicaid Managed Care plans, and other referral sources to determine the most appropriate level of care for a client with a substance use disorder.

OASAS Guide to Accessing Treatment for Individuals & Families Seeking Support
Website: https://www.oasas.ny.gov/treatment/index.cfm
Purpose: View 10 brief educational videos below that provide general information about navigating the substance use disorder system of care. This video series describes the types of substance use disorder treatment services available and answers common questions individuals and families may have about treatment and recovery.

NYS Office of Mental Health (OMH)
44 Holland Avenue, Albany, NY 12229
Phone: 1-800-597-8481
Website: www.omh.ny.gov    Facebook: @NYSOMH
Services Provided: New York State has a large, multi-faceted mental health system that serves more than 700,000 individuals each year. The Office of Mental Health (OMH) operates psychiatric centers across the State, and also regulates, certifies and oversees more than 4,500 programs, which are operated by local governments and nonprofit agencies. These programs include various inpatient and outpatient programs, emergency, community support, residential and family care programs.

This guide was compiled by the Healthcare Consortium, with support from the Rural Health Network Development Program, a program of the State Office of Rural Health at the New York State Department of Health.

Suggestions for updates and additions can be submitted to the Healthcare Consortium at any time by writing us at the following:
325 Columbia St., Suite 200, Hudson, NY 12534
or
ccchc@columbiahealthnet.org
Please note “MH and Addiction Services Guide” in the Attention or Subject lines.