

YOUR GUIDE
to
MENTAL HEALTH
&
ADDICTION SERVICES



in and around the Twin Counties
(Columbia & Greene, NY)

TWIN COUNTY MENTAL HEALTH SERVICES

Columbia County Department of Human Services (CCDHS)

325 Columbia Street, Suite 300, Hudson, NY 12534

Phone: (518) 828-9446

Fax: (518) 828-8098

Website: www.columbiacountymhc.com/

Facebook: Columbia County Mental Health Center

Objectives: To develop and maintain a coordinated integrated continuum of services which permits all individuals to reach their personal potential and live their lives with dignity and independence.

Services provided: See below.

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Mental Health Clinic (with satellite locations throughout the county)

Phone: (518) 828-9446

Fax: (518) 822-8096

Services provided: Individual and group therapy for the residents of Columbia County. In addition, we offer psychiatric evaluations and medication management. Children and family services provided at satellite locations throughout Columbia County. Contact the Mental Health Clinic for additional satellite information.

Hours: Monday, Tuesday, and Friday: 8 am – 5 pm.; Wednesday and Thursday: 8:00 am – 7:00 pm; Crisis Line – 24 hours: (518) 828-9446.

Target population: Ages 5 and up.

Eligibility criteria: Must be a resident of Columbia County.

How to apply for services: Call 828-9446 and ask to schedule an intake assessment.

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Mental Health Center Care Coordination Services

Contact: John Lyons, Child and Adult Care Coordination Services Director

Phone: (518) 828-9446 ext. 2246; Fax: (518) 828-9450; Email: jlyons@columbiacountyny.com

Services provided: Comprehensive Case Management, Care Coordination and Health Promotion, Comprehensive Transition Care, Patient and Family Support, Referrals to Community and Social Support Services.

Hours: Monday, Tuesday & Friday: 8 am – 5 pm.

Target population: Adults and children.

Eligibility criteria: Adults: serious mental health condition or HIV/AIDS or two chronic conditions including physical, mental health or substance use disorders. Children: mental health needs.

How to apply for services: Contact the Child and Adult Care Coordination Services Director

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CCDHS Single Point of Access (SPOA)-Children

Contact: Susan Whittaker, Children's Single Point of Access (SPOA) Coordinator

Phone: (518) 828-9446 ext. 1230; Fax: (518) 822-8096; Email: susan.whittaker@columbiacountyny.com

Services provided: Facilitate a Level of Care meeting with the SPOA Team, which is made up of case management representatives and family support agencies, family members and the identified youth, if age appropriate. Determine if case management is appropriate and what level of care would be helpful.

Hours: Monday – Friday, 9 am – 5 pm.

Target population(s): Youth with a mental health diagnosis (also having behavioral problems) which is interfering with their success at home, at school or in the community.

Eligibility criteria: Mental health diagnosis.

How to apply for services: Contact SPOA Coordinator for an application.

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CCDHS Single Point of Access (SPOA)-Adults

Contact: John Lyons, Adult Single Point of Access (SPOA) Coordinator

Phone: (518) 828-9446 ext. 2246; **Fax:** (518) 822-8096; **Email:** john.lyons@columbiacountyny.com

Services provided: The Adult SPOA Program helps connect specially identified applicants to the most appropriate residences and services. The goal is to remove barriers to successful community living for adults with serious mental illness.

Hours: Monday -- Friday, 9 am -- 5pm.

Target population(s): Adults with serious mental illness who need assistance accessing residential and community services.

Eligibility criteria: Adults with a serious mental illness.

How to apply for services: Contact SPOA Coordinator for an application.

Columbia Memorial Hospital-Inpatient/Outpatient Psychiatric Services

71 Prospect Ave, Hudson, NY 12534

Facebook: @ColumbiaMemorial

Phone: (518) 828-7601

Website: <https://www.columbiamemorialhealth.org/psychiatry/>

Services Provided: Inpatient acute psychiatric care. Outpatient psychiatric services offered in Hudson (71 Prospect Avenue, 5th floor) and Catskill (Greene Medical Arts Building, 159 Jefferson Heights, Suite C-104)

Hours: Monday-Friday, 9am-4pm, with additional evening hours (Outpatient)

Greene County Mental Health Center (GCMHC)

905 County Office Bldg., Cairo, NY 12413

Phone: (518) 622-9163

Fax: (518) 622-8592

Facebook: Greene County Mental Health

Website: <http://greengovernment.com/departments/mental-health>

Services Provided: Individual and group therapy for the residents of Greene County. In addition, we offer psychiatric evaluations and medication management. Children and family services provided at satellite locations throughout Greene County as well.

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GCMHC Single Point of Access (SPOA)-Children

Contact: Heather Buffa, Children’s Single Point of Access (SPOA) Coordinator

Phone: (518) 622-9163 ext. 7150; **Fax:** (518) 622-8592; **Email:** hbuffa@discovergreene.com

Services provided: Facilitate a Level of Care meeting with the SPOA Team, which is made up of case management representatives and family support agencies, family members and the identified youth, if age appropriate. Determine if case management is appropriate and what level of care would be helpful.

Hours: Monday – Friday, 9 am – 5 pm.

Target population(s): Youth with a mental health diagnosis (also having behavioral problems) which is interfering with their success at home, at school or in the community.

Eligibility criteria: Mental health diagnosis.

How to apply for services: Contact SPOA Coordinator for an application.

GCMHC Single Point of Access (SPOA)-Adults

Contact: Jessica Dillon, Adult Single Point of Access (SPOA) Coordinator

Phone: (518) 622-9163 ext. 7119; **Fax:** (518) 622-8592; **Email:** <mailto:jdillon@discovergreene.com>

Services provided: The Adult SPOA Program helps connect specially identified applicants to the most appropriate residences and services. The goal is to remove barriers to successful community living for adults with serious mental illness.

Hours: Monday -- Friday, 9 am -- 5pm.

Target population(s): Adults with serious mental illness who need assistance accessing residential and community services.

Eligibility criteria: Adults with a serious mental illness.

How to apply for services: Contact SPOA Coordinator for an application.

Mental Health Association of Columbia-Greene Counties

713 Union St., Hudson, NY 12534 **Facebook:** @MHAColGreene

Phone: (518) 828-4619

Fax: (518) 828-1196

Website: www.mhacg.org

Services provided: Residential services, recovery services, clinical services, supported employment, supported education, day programs, peer support, case management, school based services, crime victim services, health home care coordination and mentoring.

Hours: Office: Monday—Friday, 9 am – 5 pm; specific programs have varied hours.

Target population: Adults with mental illness; homeless; children and families; crime victims.

Eligibility criteria: Based on program.

How to apply for services: Based on program.

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Apogee Center

160 Fairview Avenue, Suite 232. Hudson, NY 12534

Phone: (518) 697-0976

Website: <http://www.apogeecenter.org>

Email: apogeecenter@mhacg.org

Facebook: @apogeecentercc

Services provided: Apogee Center in Hudson offers an array of mental health services and support to adults to ensure recovery for people living with mental illness, including peer-to-peer services and Wellness Recovery Action Plan services. Our services are confidential and free of charge.

Target population: We assist people from all walks of life, who may be experiencing the stigma of being mentally ill or struggling with mental health issues

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Water Street Studio

126 Water St., Catskill, NY 12414

Phone: (518) 943-4651

Website: www.waterstreetstudio.space

Facebook: @waterstreetstudiocatskill

Services Provided: Water Street Studio provides peer support to those seeking mental wellness.

Support is available by attending programs or stopping by the Studio anytime we are open. We strive to help individuals explore their passions, interest and hobbies and connect them to others who share that interest. Our services are confidential and free of charge.

Target population: We assist people from all walks of life, who may be experiencing the stigma of being mentally ill or struggling with mental health issues.

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Mobile Crisis Assessment Team (MCAT)

Phone: (518) 943-5555

Website: None

Facebook: @MCATCG

Services provided: Phone assessments and consultation; on-site face to face mental health assessments; referrals to available services; follow up from psychiatric hospitalizations; wellness calls and visits when someone is concerned

Hours: 7 days/week; Noon-8pm

Target population: Individuals or family/caretakers of individuals who appear to be in a mental health crisis situation.

Eligibility criteria: Resident of Columbia or Greene county

How to apply for services: Call phone number provided above. Anonymous calls accepted.

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Youth Clubhouses

Hudson Site: 802 Columbia St., Suite 2. **Catskill Site:** 445 Main St.

Phone: (518) 567-7771

Website: www.mhacg.org/services/children-families/

Contact: Kai Hillman, Director

Email: khillman@mhacg.org

Facebook: Youth Clubhouse of Columbia-Greene Counties

Services Provided: The Clubhouses provide a safe, supportive, alcohol and drug free environment for its members. Peer driven activities will promote health, wellness, and long-term recovery. (i.e. Recreation, Pro-social activities, health and wellness, educational/employment support, recovery/peer support, evidenced based programming, skill building, family engagement).

Hours: Thurs 3-9pm, Fri/Sat 3-10pm (Days and hours subject to change)

Target population: Clubhouses welcome all youth 12-17 and young adults 18-21 in recovery from drugs or alcohol, or at risk of developing a substance use disorder.

National Alliance on Mental Illness (NAMI)-Columbia County

P.O. Box 269, Valatie, NY 12184

Phone: (518) 336-0246

Website: www.namicolumbiacountyny.org

Contact: Pat Anders, President

Email: mailto:namiccny@gmail.com

Facebook: NAMI Columbia County, NY

Local Meetings: Chatham (1st Friday of the month, Chatham Chiropractic Office).

Services provided: Education and support for families and individuals affected by mental illness in Columbia County. Advocacy at the family, county, and state level for proper treatment of those with mental illness.

Hours of operation: Check website for local meetings and events

Target population: Individuals and families in Columbia County affected by mental illness.

How to apply for services: Contact President for more information.

National Alliance on Mental Illness (NAMI)-Greene County

905 County Office Bldg., Cairo, NY 12413

Phone: (518) 622-8713, (518) 734-4383

Facebook: NAMI Greene County

Contact: Brenda Beach

Email: brenda.beach@ymail.com

Local Meetings: Call for updated meeting information.

Services provided: NAMI Greene County is a group of consumers, family members and friends dedicated to providing support for its members and others, establishing avenues of community outreach, developing a listing of referral services and assisting family members and consumers of mental health

Hours of operation: Check Facebook for local meetings and events

Target population: Individuals and families in Greene County affected by mental illness.

How to apply for services: Contact Brenda Beach for more information.

A list of practitioners who specialize in mental health and/or substance use disorders can be obtained from the County Mental Health Clinics listed elsewhere in this guide. They can also be found using the searchable database found at:

<http://columbiapathwaystorecovery.org/resources-recovery-services-providers-for-parents-helpful-links/>

TWIN COUNTY ADDICTION SERVICES

Al-Anon Family Groups

Website: www.al-anon.org

Email: wso@al-anon.org

Local Meeting: Find local meetings here: <http://al-anon.info/MeetingSearch/Al-AnonMeetings.aspx?language=EN>

Services Provided: Provide understanding and support to friends and families of problem drinkers.

Alcoholics Anonymous

Columbia County Answering Service: (518) 463-0906; Greene County Answering Service: (518) 625-2002; Capital District Central Office: (518) 463-0906

Website: www.aa.org

Facebook: Alcoholics Anonymous

Local Meetings: <http://meetings.aahmbny.org/index.php>

Services Provided: Alcoholics Anonymous is a fellowship of men and women who have had a drinking problem. It is nonprofessional, self-supporting, multiracial, apolitical, and available almost everywhere. There are no age or education requirements. Membership is open to anyone who wants to do something about his or her drinking problem.

Catholic Charities of Columbia and Greene Counties

Columbia Co.: 431 East Allen Street, Hudson, NY 12534

Phone: (518) 828-8660

Greene Co.: 66 William Street, Catskill, NY 12414

Phone: (518) 943-1462; Fax: (518) 828-4016

Email: info@cathcharcg.org

Website: www.catholiccharitiescg.org

Facebook: @catholiccharitiescolumbia

Services provided: Alcohol and Substance Use Prevention Program (school-based); provide information and referral services.

Hours: Monday, Tuesday, Thursday, and Friday, 8:30 am - 4 pm; Wednesday, 11 am – 7 pm; other hours vary by program.

Target populations: Poor and vulnerable children and families.

Eligibility criteria: Varies by Program.

How to apply for services: Call 828-8660.

Chatham Cares 4 U Outreach Initiative Program

Chatham Police Department

Village Hall, 77 Main St., Chatham, NY 12037

Facebook: @chathamcares4u

Services Provided: In partnership with the Police Assisted Addiction Recovery Initiative, Chatham Cares 4 U encourages residents struggling with substance use to walk into the police station, turn over their drugs and ask for help. Instead of being charged, individuals will be placed into a drug treatment program regardless of financial means and/or insurance coverage. Participants will be assigned a volunteer to assist and guide them throughout the recovery process.

Columbia Pathways to Recovery (CPR)

PO Box 486, Chatham, NY 12037

Phone: (518) 966-2775

Email: columbiapathwaystorecovery@gmail.com

Website: www.columbiapathwaystorecovery.org Facebook: @columbiapathwaystorecovery

Services Provided: CPR is a Recovery Community Organization (RCO), a grassroots group responding to the need for education, awareness, advocacy and change in regard to addiction in Columbia County. Monthly meetings are open to the public and geared towards finding and increasing pathways to recovery.

Councils on Addiction of New York State (CANYS)

Columbia/Greene Council: Twin County Recovery Services

350 Power Ave., Hudson, NY 12534

Phone: (518) 751-2083

Website: www.canys.net/councils.htm

Email: BethS@twincountyrecovery.org

Services Provided: CANYS is an organization of prevention, education, treatment and intervention agencies throughout NYS that meets to address concerns and issues that affect residents of NYS.

Healthcare Consortium

325 Columbia St., Suite 200, Hudson, NY 12534

(518) 822-8820

Website: www.columbiahealthnet.org

Services Provided: The Healthcare Consortium helps residents in Columbia and Greene Counties to get and stay healthy by increasing their access to healthcare services. Services include: Assistance enrolling in health insurance, including Medicaid, Child Health Plus and the Essential Plans, help getting low or no –cost prescription medications; information about long-term services and supports; and, non-emergency medical transportation (Columbia County residents only).

Nar-Anon Family Support Meetings

Website: <http://www.nar-anon.org>

Email: wso@nar-anon.org

Columbia County meeting: Chatham, Wed at 7pm, Crellin Morris Memorial Building, 17 Park Row, Chatham, NY 12037; Contact: Lori Antonson (518) 858-6124

Greene County meeting: Catskill, Tues at 7pm, 428 West Main Street; Contact: Ellie (518) 653-8994

Services Provided: The Nar-Anon Family Groups are a worldwide fellowship for those affected by someone else's addiction. As a twelve-step program, we offer our help by sharing our experience, strength, and hope.

Narcotics Anonymous

Phone: ABCD Regional Helpline (888) 399-5519

Website: www.na.org

Local Meetings: <http://abcdrna.org/list-search/>

Services Provided: NA offers recovery from the effects of addiction through working a 12-step program, including regular attendance at group meetings. Group meetings provide help from peers and offer an ongoing support network for addicts who wish to reach and maintain a drug-free lifestyle.

P.A.S. It On

Contact: Paula Queirola

c/o Twin County Recovery Services

428 W Main St., Catskill, NY 12414

Phone: 518-943-2036 ext. 315

Email: paulaq@twincountyrecovery.org

Facebook: PAS It On

Services Provided: Promote Prevention, raise Awareness, and provide Solutions to the use of destructive drugs that destroy our youth and adults in Greene County.

Stable Solutions, LLC: Equine Assisted Growth & Learning

Old Chatham, NY (Services provided at Kinder Farm, Kinderhook, NY)

Phone: (631) 796-7744

Email: stablesolutionsllc@gmail.com

Website: www.stablesolutions.org

Services Provided: Equine assisted therapy and equine assisted learning for adolescents and adults who desire a unique and motivating source for personal growth. Individual and group sessions offered, as well as workshops.

Twin County Recovery Services, Inc.

350 Power Avenue; PO Box 635; Hudson, NY 12534. 428 W. Main St., Catskill, NY 12414

Phone: (518) 751-2083 ext. 320

Fax: (518) 751-2086

Website: www.twincountyrecovery.org **Facebook:** @TwinCountyRecovery

Services provided: Outpatient clinics (addiction medications, including Vivitrol and Suboxone prescribed), community residences, community prevention, Drinking Driver Program, Jail Addiction Counseling Services (at Columbia County Jail).

Hours: Vary depending on program. Outpatient: Monday – Friday, 8 am – 7 pm.

Target population: Individuals with alcohol and substance abuse problems.

Eligibility criteria: Diagnostic.

How to apply for services: Call or stop in

Young People in Recovery--Hudson Chapter

360 Solaris, Warren St., Hudson, NY 12534

Phone: (720) 600-4977

Email: yprhudson@gmail.com

Contact: Eushabell Rodriguez

Website: www.youngpeopleinrecovery.org

Facebook: YPR-Hudson, NY

Services Provided: Local chapters support young people in or seeking recovery by empowering them to obtain stable employment, secure suitable housing, and explore continuing education. Chapters also advocate on the local and state levels for better accessibility of these services and other effective recovery resources.

Hours: Check Facebook page for local workshops, support groups, meetings.

CAPITAL REGION MENTAL HEALTH SERVICES

ALBANY COUNTY:

Albany County Department of Mental Health

175 Green Street, Albany, NY 12202

Phone: (518) 447-4537 Fax: (518) 447-4577 Facebook: Albany County Department of Health

Website: www.albanycounty.com/Government/Departments/DepartmentofMentalHealth.aspx

Mission: To ensure that persons with mental illness, substance and alcohol problems, or developmental disabilities are provided a full range of services that promote stabilization, rehabilitation, and recovery for the purpose of enhancing or improving their lives.

Services Provided: See Below

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Mobile Crisis Team

Phone: (518) 549-6500

Service Provided: Crisis Intervention

Target Population: All Ages

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Assertive Community Treatment (ACT) Program

Phone: (518) 447-4668

Services Provided: The ACT Program has been developed to serve high need, high priority individuals of Albany County with a unique and comprehensive approach to treatment. A mobile team delivers flexible treatment, rehabilitation, case management and support services to individuals with severe mental illness who may have co-occurring disorders and whose needs have not been well met by more traditional service delivery approaches. The ACT team, which consists of a coordinator, psychiatrist, registered nurses, social workers, credentialed alcohol and substance abuse counselors, and a program assistant uses peer support services and local vocational rehabilitation programs as part of its service delivery. The program offers 24 -hour crisis support.

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Health Home Care Management Services

Phone: (518) 447-4569 Fax: (518) 447-4661

Services Provided: Capital Region Health Connections-Health Home Care Management Services is a freestanding program that provides services to seriously mentally ill adults.

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Adult Forensic Services

840 Albany-Shaker Road, Albany, NY 12211

Contact: Jennifer Dalton, LMSW, Coordinator

Phone: (518) 869-2683 Fax: (518) 869-2704

Services Provided: The Mental Health Unit provides services to the seriously mentally ill client who is incarcerated, as well as psychiatric evaluation and consultation to the courts. The MH unit will also

advocate for the needs of the inmate client in the jail, in the legal system and the mental health treatment community.

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Community Services Board

272 Broadway, Menands, NY, 12204

Phone: (518) 482-5744

Purpose: Community residents who have an interest in services for the mentally disabled are welcome to attend meetings of the Community Services Board and its three subcommittees on mental health, mental retardation and developmental disabilities, and alcoholism and substance abuse.

Subcommittee on Developmental Disabilities:

Contact: Bonita Sanchez, LMSW, Albany

Phone: (518) 438-5150 Email: sanchez@albany.edu

Subcommittee on Mental Health:

Contact: E. Nancy Wiley, Albany

Phone: (518) 482-5744

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Adult Treatment Clinic

Albany County Mental Health Center

260 South Pearl Street, Albany, NY 12202

Phone: (518) 447-4555 Fax: (518) 447-4661

Hours: Monday through Friday 8:30 am to 4:30 pm

Services Provided: The Adult Treatment Clinic is designed to provide comprehensive mental health treatment to the seriously mentally ill residents of Albany County. The program is staffed and directed by a group of professionals with expertise in the area of outpatient treatment of mental illness.

**Albany County Department for Children, Youth, and Families:
Children's Mental Health Division**

Harold L. Joyce Albany County Office Building

112 State Street, Room 300, Albany, NY 12207 Facebook: Albany County DCYF

Website: www.albanycounty.com/Government/Departments/DepartmentforChildrenYouthandFamilies.aspx

Contact: Gail Geohagen-Pratt, Commissioner

Phone: (518) 447-7324 Fax: (518) 447-7578

Services Provided: Our diverse array of individualized treatment options includes crisis support, evaluation, on-going services, and community referrals. (See Below)

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Children's Mental Health Clinic

Hours: Monday through Friday 9:00 am to 4:30 pm; Wednesday evenings by appt.

Services Provided:

Crisis Intake:

- Emergency appointments for children (ages 5-18) in crisis (e.g., dangerous or Impulsive behavior, suicidal statements or gestures, threats to harm others.)
- Planned appointments to assess a child's need for therapy or other community services
- Psychiatric consultation and assessment

- Referral and access to crisis services including psychiatric hospitals, crisis residences, and other community supports. Service coordination and discharge planning provided
- Consultation regarding a wide range of circumstances that pose a potential challenge to a child’s mental health
- Linkage to respite services

Outpatient Treatment:

- On-going outpatient therapy
- Psychiatric consultation and assessment
- Medication prescription & management

Population Served: Albany County Youth Ages 5-18 years old

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Single Point of Access (SPOA)

Services Provided:

- Aims to identify those children with the highest risk of placement in out-of-home settings and seeks to develop appropriate strategies to safely manage those children in their communities.
- Access to high-end case management services including WAIVER, Intensive Case Management, Supportive Case Management and Community Transition Team
- Access to Community Residences and Residential Treatment Facilities.

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Case Management Services

Services Provided:

- Intensive Case Management (ICM) services and Supportive Case Management (SCM) services are available for children and adolescents with serious emotional disturbances; who are at risk for hospitalization or out of home placement.
- Case managers provide crisis intervention/management and referral/linkage to community resources
- Case managers provide advocacy and support to assist families in obtaining services to safely maintain the child with their family in the community.

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Child Forensic Services

Services Provided: Forensic psychologists conduct assessments and participate in consultation regarding children and families involved with Albany Family Court, Probation and child protective services.

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Parent Partners

Services Provided: Parent Partners are available to offer support, education, and assistance to parents, whose children are being seen at the clinic, are involved in the SPOA process or receives case management services.

Albany Medical Center Psychiatry

43 New Scotland Avenue, Albany, NY 12208

Phone: (518) 262-5511

Website: www.amc.edu/patient/services/psychiatry/

Services Provided: Treatment for depression, anxiety, bipolar disorder, schizophrenia, co-occurring substance abuse, and dependence, eating disorders, trauma, personality disorders, attention deficit disorders, adjustment disorders and others.

Capital Area Peer Services (CAPS)

354 Central Avenue, Albany, NY 12208-2331

Phone: (518) 427-5056 Fax: (518) 427-5059

Website: www.nycaps.org Facebook: Capital Area Peer Service

Services Provided: Consumer Drop-in Center, Peer Support, CARELine (Consumer Alternative Recovery Empowerment Phone Line), Peer Advocacy, Supportive Residence Program

Capital Counseling

650 Warren Street, Albany, NY 12208

Phone: (518) 462-6531

Website: <http://www.capitalcounseling.org> Facebook: @capitalcounseling

Services Provided: Capital Counseling provides a range of services and programs for organizations looking to promote better mental health and provide access to service for employees, members, and constituents.

Business and Organizations: Crisis Services, Training and Education, Alcohol and Substance Abuse Assessments, Employee Assistance Programs

State and Local Government: Contracted telephone based-after hours crisis services, Employee Assistance Programs, Compliance Trainings

Healthcare Professionals and Managed Care Groups: Inpatient to outpatient home transition counseling services, Phone-based clinical office support, and case management, referral services

Equinox, Inc. Mental Health Services

95 Central Avenue, Albany, NY 12206

Phone: (518) 435-9931 Domestic Abuse Hotline: (518) 432-7865

Website: www.equinoxinc.org/page/mental-health-services-25.html Facebook: @EquinoxAlbany

Purpose: To enable those living with mental illness to move forward on their paths to recovery, healing, and independence.

Programs Provided:

- [residential programs](#)
 - [individual therapy and group treatment](#)
 - [medication therapy](#)
 - [case management](#)
 - [family resources](#)
 - [vocational, social, and community connections](#)
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Mental Health Empowerment Project (MHEP)

3 Atrium Drive, Suite 205, Albany, NY 12205

Phone: (518) 434 1393

Website: <http://www.mhepinc.org> Facebook: @MentalHealthEmpowermentProject

Services Provided:

Training and Technical Assistance Center offering training and skills building activities to people in recovery and mental health professional, and the community at large on the full range of topics that help people connect with their personal power and power of self-help.

Peer Networking Groups such as Grassroots Networking for peers to come together to disseminate information, share self-directed recovery tools, identify community resources and work together to identify and strategize issues related to systems advocacy.

Empowerment Exchange which offers strategies that will encourage current or former recipients of mental health services to find their personal power and use their unique voice.

Albany County Dual Recovery Specialists who assist in the development of self-help resources, provide education to support individual growth and further systems advocacy and education and collaboration with community service providers.

New York Association of Psychiatric Rehabilitation Services (NYAPRS)

194 Washington Avenue Suite 400, Albany, NY 12210

Phone: (518) 436-0008 Fax: (518) 436-0044

Website: www.nyaprs.org Facebook: @NYAPRSAlbany

Services Provided: Peer Services, Systems Transformation, Community and Economic Development, Cultural Competence

Target Population: NYAPRS is dedicated to improving services and social conditions for people with psychiatric disabilities or diagnoses, and those with trauma-related conditions by promoting their recovery, rehabilitation, and rights so that all people can participate freely in the opportunities of society.

Parsons Child and Family Center

401 New Karner Road, Albany NY 12205

Phone: (518) 426-2600

Website: www.parsonscenter.org Facebook: @ParsonsCenter

Services Provided: Behavioral Health Child and Family services.

Rehabilitation Support Services

314 Central Avenue, Albany, NY 12206

Phone: (518) 462-1094 Fax: (518) 462-1097

Albany County Services Website: <http://rehab.org/county/albany-county/>

Facebook: Rehabilitation Support Services, Inc.

Services Provided: RSS works with children and adults to offer various ancillary services such as contracts with Adult Career and Continuing Education Services – Vocational Rehabilitation (ACCESS – VR) for supported

employment in ten counties, as well as numerous subcontracts with county departments of mental health, probation, adult social services and children and family services. Children and family services include an eight-bed community residence for adolescent girls, another eight-bed community residence for adolescent boys and girls, an after-school social and recreation program, Multisystemic Therapy (MST) and a Family Support Program.

Target Population: Children and Adults

Samaritan Counseling Center

Delmar Office: 386 Delaware Ave., Delmar, NY 12054

Latham Office: 568 New Loudon Road, Latham, NY

Phone: (518) 374-3514 **Fax:** (518) 374-9193

Website: www.samaritancounselingcenter.org

Facebook: @samaritancounselingcenter.org

Services Provided: We provide a wide range of quality services including individual counseling, couples counseling, and family counseling in addition to business consulting, professional development for clinicians, and services to meet the unique needs of clergy and congregations.

Saratoga Psychological Associates

Latham Office: 711 Troy Schenectady Road, Latham, NY 12110

Phone: (518) 587-0499 **Fax:** (518) 587-0536

Albany Office: 1 Marcus Blvd Suite 105, Albany, NY 12205

Phone: (518) 783-1063 **Fax:** (518) 786-6467

Website: www.saratogapsych.com/

Services provided: Individual psychotherapy, family therapy, couples therapy, group therapy, assessment (psychological, forensic, and neuropsychological), and community education/family training

St. Peter's Hospital Psychiatry and Counseling

315 South Manning Boulevard, Albany, NY 12208

Website: www.sphcs.org/PsychiatryCounseling

Inpatient Services Provided: Psychiatric assessment, medication assessment and management, and recommendations and referrals for outpatient follow-up for problems, which may include but are not limited to: depression; anxiety; medical withdrawal from alcohol or drugs; and, mental status changes.

Outpatient Services Provided: Psychotherapy, Psychiatry and Stress Management.

Phone: (518) 525-1304

Eligibility: Adult, 18 years of age or older; actively seeking psychotherapy (psychiatric treatment is not provided independently of therapy); able to participate safely in an outpatient treatment program; and, a patient who utilizes the St. Peter's health care system.

RENSSELAER COUNTY:

Bick Wanck MD & Associates

516 Washington Avenue, Rensselaer, NY 12144

Phone: (518) 432-0432 Fax: (518) 583-4247

Website: bickwanckmdassociates.com

Services Provided: Psychiatric Evaluations; Child and Adolescent Evaluations; Psychological Testing; Medication Management; Group Counseling; Couples Therapy; Family Therapy; Individual Therapy including Insight Oriented, Supportive Counseling, Cognitive Behavioral Therapy, Play Therapy

Capital Counseling

120 Defreest Drive, Suite 220, Troy, NY 12180

Phone: (518) 462-6531

Website: www.capitalcounseling.org

Facebook: @capitalcounseling

Services Provided: Capital Counseling provides a range of services and programs for organizations looking to promote better mental health and provide access to service for employees, members, and constituents.

Business and Organizations: Crisis Services, Training and Education, Alcohol and Substance Abuse Assessments, Employee Assistance Programs

State and Local Government: Contracted telephone based-after hours crisis services, Employee Assistance Programs, Compliance Trainings

Healthcare Professionals and Managed Care Groups: Inpatient to outpatient home transition counseling services, Phone-based clinical office support, and case management, referral services

Mental Health Empowerment Project- Heroes at Home

1600 7th Avenue, 4th Floor, Troy, NY 12180

Phone: (518) 545-6781 Website: www.mhepinc.org/projects/heroes-at-home

Facebook: @MentalHealthEmpowermentProject

Services Provided: Vet2Vet Peer Support- Heroes at Home provides one-to-one peer support for Veterans and family members.

Rehabilitation Support Services

314 Central Avenue, Albany, NY 12206

Phone: (518) 462-1094 Fax: (518) 462-1097

Albany County Services Website: <http://rehab.org/county/albany-county/>

Facebook: Rehabilitation Support Services, Inc.

Services Provided: RSS works with children and adults to offer various ancillary services such as contracts with Adult Career and Continuing Education Services – Vocational Rehabilitation (ACCESS – VR) for supported employment in ten counties, as well as numerous subcontracts with county departments of mental health, probation, adult social services and children and family services. Children and family services include an eight-bed community residence for adolescent girls, another eight-bed community residence for adolescent boys and girls, an after-school social, and recreation program, Multisystemic Therapy (MST) and a Family Support Program.

Target Population: Children and Adults

Rensselaer County Department of Mental Health

1600 7th Avenue, Troy, NY 12180

Unified Services Phone: (518) 270-2800

Hoosick Falls Center Phone: (518) 686-0694

Rensselaer Center Phone: (518) 463-8869

Email: info@rensco.com

Website: <http://www.rensco.com/departments/mental-health/>

Facebook: Rensselaer County Mental Health

Services Provided: Unified Services for Children & Adolescents Outpatient Clinic; Forensic Services; Rensselaer City Center Outpatient Treatment; Non-Medicaid Care Coordination; Hoosick Falls Satellite Outpatient Treatment; Health Home Care Coordination Services for Adults; Services to residents of Private Proprietary Homes for Adults (PPHA); Children's Health Home Care Coordination; MICA (Mental Illness and Chemical Addiction) Outreach and Assessment Services; Medicaid Service Coordination; Substance Abuse Prevention Services; Single Point of Access – SPOA (adult housing and children and youth care coordination)

Samaritan Counseling Center

706 Bloomingrove Drive, Rensselaer, NY 12144

Phone: (518) 374-3514 Fax: (518) 374-9193

Website: samaritancounselingcenter.org Facebook: Samaritan Counseling Center of the Capital Region

Services Provided: We provide a wide range of quality services including individual counseling, couples counseling, and family counseling in addition to business consulting, professional development for clinicians, and services to meet the unique needs of clergy and congregations.

Samaritan Hospital

2215 Burdett Avenue, Troy, NY 12180

Phone: (518) 271-3300 Facebook: Samaritan Hospital

Website: www.nehealth.com/Medical_Care/SAM/Behavioral_Health/

Services Provided: Behavioral health outpatient services

Target Population: Individuals who are dealing with psychological, psychiatric and addiction challenges.

SARATOGA COUNTY:

Adirondack Samaritan Counseling Center (ASCC)

15 Boulevard, Hudson Falls, NY 12839

Phone: (518) 747-2994 Fax: (518) 747-2996

Website: www.adirondacksamaritan.org Facebook: Adirondack Samaritan Counseling Center

Services Provided: Family Counseling (child and adolescent treatment, parenting and behavioral issues, divorce and separation, blended families, relationship issues), Individual Therapy (depression, anxiety, relationship issues, stress, cancer, eating disorders, mood disorders, life transitions, growth oriented psychotherapy, trauma and recovery, grief and loss, anger), Couples Counseling (couples counseling, marriage counseling, premarital counseling) Group Programs (Anger Management Project, Aggression Replacement Training, Family Life Education Programs, Men's Opportunity Program, Topic Groups), Chronic Pain (therapeutic group for adults suffering with chronic pain).

Bick Wanck MD & Associates

401 Geyser Road, Saratoga Springs, NY 12866

Phone: (518) 583-3035 Fax: (518) 583-4247

Website: www.bickwanckmdassociates.com

Services Provided: Psychiatric Evaluations; Child and Adolescent Evaluations; Psychological Testing; Medication Management; Group Counseling; Couples Therapy; Family Therapy; Individual Therapy including Insight Oriented, Supportive Counseling, Cognitive Behavioral Therapy, Play Therapy

Capital Counseling

100 West Ave, Saratoga Springs, NY 12866

4 Chelsea Place Suite 102 Clifton Park, NY 12065

Phone: (518) 462-6531

Website: www.capitalcounseling.org

Facebook: @capitalcounseling

Services Provided: Capital Counseling provides a range of services and programs for organizations looking to promote better mental health and provide access to service for employees, members, and constituents.

Business and Organizations: Crisis Services, Training and Education, Alcohol and Substance Abuse Assessments, Employee Assistance Programs

State and Local Government: Contracted telephone based-after hours crisis services, Employee Assistance Programs, Compliance Trainings

Healthcare Professionals and Managed Care Groups: Inpatient to outpatient home transition counseling services, Phone-based clinical office support, and case management, referral services

Four Winds Hospital

30 Crescent Avenue, Saratoga Springs, NY 12866

Phone: (518) 584-3600 (main) or 1-800-888-5448 (admissions)

Website: www.fourwindshospital.com

Facebook: @FourWindsSaratoga

Services Provided: Inpatient and Outpatient Treatment Programs including Inpatient Hospitalization (adolescent services, children services, adult and older adult services), Partial Hospital Program (Adults),

Intensive Outpatient Program (adult and adolescent programs), and Outpatient Services (child and adolescent outpatient program).

Integro Counseling Services

2454 Route 9, Suite 302, Malta, NY 12019

Phone: (518) 289-5555 Fax: (518) 289-5560

Website: www.integrocounseling.com Facebook: Integro Mental Health Counseling Service

Services Provided: Counseling assistance to individuals, couples, teenagers, families, and children.

Northeast Parent and Child Society

Main Office: 530 Franklin St. Schenectady, NY 12305

Phone: (518) 346-1284

Website: <http://www.neparentchild.org/> Facebook: @neparentchild

Services Provided: Behavioral Health, Case Management, Education, Family Foster Care, Prevention and Family Preservation, Residential Care

Samaritan Counseling Center

75 Railroad Place, Saratoga Springs, NY

971 Route 146, Clifton Park, NY

7 Hemphill Place, Malta, NY

Phone: (518) 374-3514 Fax: (518) 374-9193

Website: www.samaritancounselingcenter.org

Facebook: @samaritancounselingcenter.org

Services Provided: We provide a wide range of quality services including individual counseling, couples counseling, and family counseling in addition to business consulting, professional development for clinicians, and services to meet the unique needs of clergy and congregations.

Saratoga Center for the Family-Mental Health Services

359 Ballston Avenue, Saratoga Springs, NY

Phone: (518) 587-8008 Fax: 518-587-8241

Website: <http://www.saratogacff.org/mental-health-services/>

Facebook: @SaratogaCenter

Services Provided: Identification and assessment of children with behavioral and emotional health needs, individual, group and family therapies for crisis intervention, consultation with parents, teachers and school administration, parent and teacher training on mental health issues, referrals to other community mental health programs.

Saratoga County Citizens Committee for Mental Health, Inc.

P.O. Box 820, Saratoga Springs, NY 12866

Email the committee at info@scccmh-saratoga.org for additional information.

Website: www.scccmh-saratoga.org

Facebook: Saratoga County Citizens Committee for Mental Health

Services provided: Information to help people living with mental illness, their family and friends and mental health professionals including understanding how to live with mental illness, practical advice on crisis management, individual and family rights, tips on coping with stress and resources for mental health professionals.

Saratoga County Mental Health Center

135 South Broadway, Saratoga Springs, NY 12866

Phone: (518) 584-9030 Fax: (518) 581-1709

Website: www.saratogacountyny.gov/departments/mental-health-center/

Services Provided: See Below

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Mental Health Clinic

Phone: (518) 584-9030

Location: Main Office- Saratoga Springs; Satellite Office- Mechanicville

Services Provided: Emergency and crisis intervention, screening and referral, individual, family and group counseling, medication and education management, symptom management

Target Population: Youth services for emotionally and behaviorally disturbed children and adolescents; Adult Services for mentally ill adults, particularly those who are seriously and persistently mentally ill.

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Personalized Recovery Oriented Services

Phone: (518) 885-4521

Services Provided: Comprehensive, individualized, a recovery-based program that offers rehabilitation, support, and treatment services under one roof. Person-centered, group, and individual sessions, medication management, health screenings, family education, and support, vocational services, and supports.

Target Population: Adults over 18 with a mental illness diagnosis who have a functional disability

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Alcohol and Drug Program

Phone: (518) 587-8800

Services Provided: Outpatient program.

*Reference Saratoga Alcohol and Substance Abuse Services in Addiction Services below

Saratoga Psychological Associates

Saratoga Office:

1 West Avenue, Suite 205, Saratoga Springs, NY 12866

Phone: (518) 587-0499 Fax: (518) 587-0536

Clifton Park Office:

632 Plank Road Clifton Park, NY 12065

Phone: (518) 587-0499 Fax: (518) 587-0536

Website: www.saratogapsych.com **Facebook:** Saratoga Psychological Associates PC

Services provided: Individual psychotherapy, family therapy, couples therapy, group therapy, assessment (psychological, forensic, and neuropsychological), and community education/family training.

Union Counseling Behavioral Health Center

5 Hemphill Place, Suite 121, Malta, NY 12020

Phone: (518) 374-6263 Fax: (518) 374-1778

Website: www.unionstreetcounseling.com/

Services Provided: Full Spectrum Behavioral Health Services (Stress & Anxiety, Depression, Abuse, Eating Disorders, Post-Traumatic Stress Disorder, Marital, Relationship & Family Issues, Attention Deficit Hyperactivity Disorder, Behavioral Issues in Children and Adolescents), Ongoing Psychotherapy, Medication Management, Psychological Assessment & Testing, Psychiatric Evaluation, Expert Consultation, Supervised & Therapeutic Visitations, Coordination of Care with Inpatient Facilities and PCPs

SCHENECTADY COUNTY:

Behavioral Health Center at Northeast Parent and Child (Children's Mental Health Clinic)

530 Franklin Street, Schenectady, NY 12305

Phone: (518) 381-8911 Fax: (518) 377-4292

Website: <http://nr.layer8group.com/client-services-2/behavioral-health/>

Facebook: @neparentchild

Services Provided: Assessment and treatment. For more information, please contact David Rossetti, Chief Officer of Behavioral Health Services.

Target Population: Youth ages 0-24 who are having trouble functioning at home, in school, or in the community due to emotional and behavioral difficulties.

Capital Counseling

670 Franklin Street, Schenectady, NY 12605

Phone: (518) 462-6531

Website: www.capitalcounseling.org Facebook: @capitalcounseling

Services Provided: Capital Counseling provides a range of services and programs for organizations looking to promote better mental health and provide access to service for employees, members, and constituents.

Business and Organizations: Crisis Services, Training and Education, Alcohol and Substance Abuse Assessments, Employee Assistance Programs

State and Local Government: Contracted telephone based-after hours crisis services, Employee Assistance Programs, Compliance Trainings

Healthcare Professionals and Managed Care Groups: Inpatient to outpatient home transition counseling services, Phone-based clinical office support, and case management, referral services

Ellis Hospital

1101 Nott Street, Schenectady, NY 12308

Phone: (518) 243-4000

Website: <http://www.ellismedicine.org/services/mental-health.aspx>

Facebook: @EllisMedicineNY

Adult Outpatient Mental Health Services

216 Lafayette Street, Schenectady, NY 12305

Phone: (518) 243-3300

Crisis/Inpatient Services

1101 Nott Street Schenectady, NY 12308

Phone: 518-243-4000

Ellis Hospital Child Adolescent Clinic

624 McClellan Street, Suite 204, Schenectady, NY 12304

Phone: (518) 382-2290

Website: www.ellismedicine.org/services/mental-health.aspx

Services Provided: Initial psychiatric assessments with diagnosis, medication management, psychotherapy/counseling services, crisis services (for existing patients), consultation/collateral services for schools and other professional agencies, wellness planning, community education

Target Population: Patients ages 4-18

Mohawk Opportunities

201 Nott Terrace, Schenectady, NY 12307

Phone: (518) 374-8424

Website: <http://www.mohawkopportunities.org/2011.html>

Facebook: Mohawk Opportunities

Mission: We are a Schenectady-based not-for-profit agency committed to helping individuals living with Mental Illness, HIV/AIDS and those who are homeless achieve stable community living and independence by providing housing that is safe and affordable, services that facilitate growth and recovery, relationships built on a foundation of caring and respect and a sense of hope for the future.

Services Provided: Assertive Community Treatment (ACT), Dominion House, Community Residence Program (Curry House, Emmanuel House & Jones Home), Certified Apartment Program, Supported Housing Program, Continuum of Care Services, Rental Assistance Program for Persons Living with AIDS, Transitional Services Program

Rehabilitation Support Services

Division office located in Albany

314 Central Avenue, Albany, NY 12206

Phone: (518) 462-1094 Fax: (518) 462-1097

Schenectady County Services Website: <http://rehab.org/county/schenectady/>

Services Provided: RSS works with children and adults to offer various ancillary services such as contracts with Adult Career and Continuing Education Services – Vocational Rehabilitation (ACCESS – VR) for supported employment in ten counties, as well as numerous subcontracts with county departments of mental health, probation, adult social services and children and family services. Children and family services include an eight-bed community residence for adolescent girls, another eight-bed community residence for adolescent boys and girls, an after-school social and recreation program, Multisystemic Therapy (MST) and a Family Support Program.

Target Population: Children and Adults

Samaritan Counseling Center

8 North Church Street, Schenectady, NY

220 North Ballston Ave., Scotia, NY 12302

Phone: (518) 374-3514 Fax: (518) 374-9193

Website: www.samaritancounselingcenter.org Facebook: @samaritancounselingcenter.org

Services Provided: We provide a wide range of quality services including individual counseling, couples counseling, and family counseling in addition to business consulting, professional development for clinicians, and services to meet the unique needs of clergy and congregations.

Schenectady County City Mission

425 Hamilton Street, Schenectady, NY 12305

PO Box 760 Schenectady, NY 12301

Phone: (518) 346-2275 Fax: (518) 346-2470

Website: www.citymission.com

Services Provided: Feed the hungry, provide shelter, empower employment, discipleship, and recovery, provide clothing, thrift & recycling clothing, community outreach programs

Schenectady County Community Services

Contact: Office of Community Services

797 Broadway, Suite 304, Schenectady, NY 12305

Phone: (518) 386-2218 Fax: (518) 386-2212

Website: <http://www.schenectadycounty.com/node/495>

Schenectady Mental Health Associates (SMHA)

1411 Union Street, Schenectady, NY 12308

Phone: (518) 374-0295 Fax: (518) 377-3729

Website: www.smha-crown.com

Services Provided: Individual, couples, marital and family counseling for the following diagnostic categories: depressive disorders, impulse control disorders, anger management, bipolar disorders, anxiety disorders, schizophrenia disorders, eating disorders, learning disorders, ADHD & Disruptive Behavior Disorders, Autistic Spectrum Disorders, Post-traumatic Stress Disorder

SPOA (Adults)

Care Management Services

108 Erie Boulevard, Schenectady, NY 12305

Phone: (518) 382-7932

Target Population: For adults with a serious mental illness and in need of care management.

Assisted Outpatient Treatment (Kendra's Law)

Target Population: Individuals with serious mental illnesses who are unable to live safely in the community.

More information: <http://bi.omh.ny.gov/aot/about>

SPOA Single Point of Access (Child and Adolescent)

Office of Community Services

797 Broadway Suite 304, Schenectady NY 12305

Phone: (518) 386-2218 Fax: (518) 386-2212

Website: <http://www.schenectadycounty.com/node/281>

How to apply: The SPOA Coordinator for Children will review the application and request additional documentation if needed. A meeting with the family is then scheduled with the SPOA Committee to discuss their concerns, answer questions, and provide information about the services available to their child. After the committee reviews the case determination is made regarding service eligibility. The Coordinator will notify the family and then inform them of the outcome of the meeting.

Union Counseling Behavioral Health Center

1311 Union Street, Schenectady, NY 12308

Phone: (518) 374-6263 Fax: (518) 374-1778

Website: www.unionstreetcounseling.com/

Services Provided: Behavioral Health Services (Stress & Anxiety, Depression, Abuse, Eating Disorders, Post-Traumatic Stress Disorder, Marital, Relationship & Family Issues, Attention Deficit Hyperactivity Disorder, Behavioral Issues in Children and Adolescents), Ongoing Psychotherapy, Medication Management, Psychological Assessment & Testing, Psychiatric Evaluation, Expert Consultation, Supervised & Therapeutic Visitations, Coordination of Care with Inpatient Facilities and PcPs.

CAPITAL REGION ADDICTION SERVICES

ALBANY COUNTY:

Addiction Care Center of Albany

90 McCarty Avenue, Albany, NY 12202

Phone: (518) 465-5470

Website: www.acca.net Facebook: @addictionscarecenter

Services Provided: Outpatient services including day rehab, a medically-supervised outpatient program, and an evening program (1044 Broadway, Albany, NY Phone: (518) 434-2367) Community Residence recovery programs for men and women who are in the early to later stages of recovery.

Albany County Department of Mental Health

175 Green Street, Albany, NY 12202

Phone: (518) 447-4537 Fax: (518) 447-4577

Website: <http://www.albanycounty.com/Government/Departments/DepartmentofMentalHealth.aspx>

Mission: To ensure that persons with mental illness, substance and alcohol problems or developmental disabilities are provided a full range of services that promote stabilization, rehabilitation, and recovery for the purpose of enhancing or improving their lives.

Services Provided: See Below

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Substance Abuse Services

260 South Pearl Street, Albany, NY 12202

Phone: (518) 447-4551 Fax: (518) 447-2046

Services Provided: Comprehensive medically supervised outpatient services to individuals of all ages. Our professional staff is specially trained in the treatment of addictions and addresses all aspects of an individual's substance use, abuse, or dependency problems.

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Community Services Board

272 Broadway, Menands, NY, 12204

Phone: (518) 482-5744

Purpose: Community residents who have an interest in services for the mentally disabled are welcome to attend meetings of the Community Services Board and its three subcommittees on mental health, mental retardation and developmental disabilities, and alcoholism and substance abuse.

Subcommittee on Alcohol and Substance Abuse:

Third Thursday of the month, 8:30-10:00 am

175 Green Street, Director's Conference Room

Chair: Lewis Krupka

Phone: (518) 356-1012 Email: gamblenomore@talktherapy.com

Belvedere Addictions Center

1 Van Tromp Street, Albany, NY 12207

Phone: (518) 694-9400

Website: www.belvedereaddictionscenter.com **Facebook:** Belvedere Addictions Center

Hours: Monday, Thursdays, Fridays 8:00 am – 4:00 pm;

Tuesdays and Wednesdays 8:00 am – 7:00 pm

Services Provided: Outpatient programs, group and individual treatment sessions, initial and ongoing assessments

Target Population: Adults suffering from addiction

Camino Nuevo

175 Central Ave., Albany, NY 12206

Phone: (518) 729-5659

Hours: Monday through Friday 9:00 am to 6:00 pm; Saturday 7:00 am to 12:00 pm

Website: www.acacianetwork.org

Services Provided: Personalized Health Assessment; Medication assisted treatment including Buprenorphine; Impaired Driving Program; Intensive Outpatient Services; HIV/Early Intervention Services; Psychiatric Assessment Management; Individual, group and family counseling; Relapse Prevention and Wellness; Educational/Vocational placement and referrals; Cultural and Recreational Events; Benefits/Entitlements assistance; Monthly Recovery Celebrations

Admission Criteria: Substance Use History; Family Treatment; Adolescent Services: 13-17 years of age and Adult Services: 18 years of age or older

Capital City Rescue Mission

259 South Pearl Street, Albany, NY

Phone: (518) 462-0459

Website: www.capitalcityrescuemission.com **Facebook:** @capitalcityrescuemission

Services Provided: Free shelter, clothing, food (3 meals/day, 365 days/yr.), clothing provided to residents in need, addiction recovery program (residents who participate in addiction recovery program are sheltered for nine months-1 year).

Catholic Charities

100 Slingerland Street, Albany, NY 12202

Phone: (518) 449-3581 Fax: (518) 426-3662

Website: www.carecoordinationcc.org/

Services Provided: Health home care coordination, intensive and supportive case management, Project Safe Point (syringe disposal, access/exchange services, recovery readiness counseling, treatment access, HIV/Hepatitis testing and opioid overdose prevention), linguistic services (medical interpretation for those with limited English proficiency); housing support services, personal care closet, and emergency financial assistance

Friends of Recovery-New York

1529 Western Avenue, Albany, NY 12203

Phone: (518) 487-4395

Email: familyrecovery@for-ny.org

Website: www.for-ny.org

Facebook: @recoveryny

Services Provided: Friends of Recovery- New York is a statewide Recovery Community Organization (RCO) working on behalf of thousands of individuals and families in New York to educate decision makers and the public about addiction recovery. We are dedicated to ending discrimination and removing barriers to treatment, housing, and employment; and we support the expansion of recovery support services for individuals and families.

Hope House, Inc.

573 Livingston Avenue, Albany, NY 12206

Phone: (518) 482-4673

Website: www.hopehouseinc.org Facebook: @hopehousealbany

Services Provided: Medication Assisted Treatment options for opioid use disorder, alcohol use disorder, and nicotine use disorder - such as Vivitrol, Suboxone, and Probuphine. We believe in multiple pathways to recovery, including the utilization of medication to treat the disease of addiction.

Target Populations: Specialized programs for Men, Women, Adults, and Children

Peter Young: Housing, Industry & Treatment

1180 Berne-Altamont Road, Altamont, NY 12009

Phone: (518) 861-6207

Email: PGTFoundation@pyhit.org

Website: www.pyhit.com

Facebook: Peter Young Housing Industries Treatment

Services Provided: Vocational Training, Educational Programs, Job Placement Services, Emergency Shelter and Transitional Living Services, Parole Re-Entry Services, Veterans Services, HIV services, NYS Industries for the Disabled, NYS-certified inpatient, residential and outpatient treatment facilities and counseling and evaluation programs, develops and manages resources to fund programs and services in alcohol and drug rehabilitation alternatives to incarceration and job training skills.

Senior Hope Counseling, Inc.

301 South Allen Street, Albany, NY 12208

Phone: (518) 489-7777

Fax: (518) 489-7771

Website: www.seniorhope.org

Services Provided: Evaluation and assessment, case management and referral, individual and family counseling, men and women specialized group sessions, weekly AA meetings. Outpatient Adolescent locations for those younger than 18.

St. Peter's Health Partners (SPARC)

3 Mercycare Lane, Guilderland, NY 12084

Phone: (518) 452-6700

Website: www.sphcs.org/addictionrecovery sparac **Facebook:** @StPetersHealthPartners

Services Provided: Inpatient Detoxification, Inpatient Rehabilitation, Men's Community Residence, Outpatient Treatment Programs, Drinking Driver Program, and Shelter Plus Care

Target Population: Anyone 18 years or older who is struggling with alcoholism or chemical dependency. Outpatient Adolescent locations for those younger than 18.

Whitney Young Methadone Maintenance

Harry and Jeanette Weinberg Treatment Center

10 Dewitt Street, Albany, NY 12207

Phone: (518) 463-3882 Fax: (518) 465-9435

Website: www.wmyhealth.org **Facebook:** @WhitneyYoungHealthCenter

Medicating Hours: Monday through Friday 6:30 am – 10:00 am; 12:30 pm – 3:00 pm;
Sat 6:00 am – 11:00 am

Services Provided: Methadone maintenance is a long-term therapeutic intervention for addiction to heroin and other opiates. Methadone is a synthetic narcotic medication that blocks heroin effects and reduces the craving for other narcotics.

RENSSELAER COUNTY:

CD Intensive Residential Pahl Inc

559 6th Avenue, Troy, NY 12182

Phone: (518) 237-9891

Services Provided: Substance abuse treatment, a halfway house and residential treatment for adolescents.

Conifer Park Outpatient Center

2435 Sixth Avenue, Troy, NY 12180

Phone: (518) 274-5143 Fax: (518) 273-1350

Website: www.coniferpark.com/outpatient-services

Services Provided: Early recovery, relapse prevention, dual-focused groups, gender-specific groups, methadone maintenance, buprenorphine, a Professionals Group and a Next Level Group

Hudson Mohawk Recovery Center

1724 Fifth Avenue, Troy, NY 12180

Phone: (518) 272-3918 Fax: (518) 272-6391

Website: www.hmrecovery.net Facebook: Hudson-Mohawk Recovery Center

Services Provided: See Below

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Outpatient Services:

1724 Fifth Avenue, Troy, NY 12180

Phone: (518) 272-3918 Fax: (518)272-2149/ (518) 272-6391

743 Columbia Turnpike, East Greenbush, NY 12061

Phone: (518) 477-7535 Fax: (518) 477-7555

69 Church Street, Hoosick Falls, NY 12090

Phone: Contact Troy office at (518) 272-3918 Fax: (518) 272-6391

Services provided at all: Evaluation; Individual Counseling; Group Counseling; Family Counseling; Crisis Walk-in Services

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Day Treatment:

Location: Troy Offices

Services provided: Daily therapy group, weekly individual sessions, and attendance at specialized groups to include: health, relapse prevention, alcohol/drug education, daily living skills, etc. Clients may also be referred to other services in the community.

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Adolescent Services

Location: Troy and East Greenbush offices

Services provided: Comprehensive evaluation; Individual and group services using an evidence based 12 session curriculum; Motivational Enhancement; Psychiatric assessment for those experiencing co-occurring mental health problems

Family Services Included: Parent/guardian involvement with the adolescent's evaluation and treatment; Assessment of the substance use and mental health status of parents/guardians and other

family members as appropriate; Assessment of family functioning based on seven universal clinical parameters (e.g. communication, task accomplishment, and role performance); STEP/Teen Parenting Group

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Residential Services

Location: Elizabeth's House, 106-108 Ninth Street, Troy, New York 12180

Phone: (518) 272-0206 **Fax:** (518) 272-0208

Supportive Living for Men

Phone: (518) 237-9891

Specialized Services

Services provided: PAT program, Evening Intensive Program, Adolescent Program, Women's Group; Vocational Services

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Gambling Services

Services Provided: screening, evaluation, individual and group counseling, educational services on problem and pathological gambling, relapse

*Services may be provided as a distinct service or in conjunction with substance abuse services

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Educational Programs

Services provided: Drinking Driving Program/ Project Save; Batterers' Intervention Program; Educate Youth Program

St. Mary's Hospital Addictions Services

1300 Massachusetts Avenue, Troy, NY 12180

Phone: (518) 268-5542

Websitewww.sphp.com/addiction-smh

Services provided: Full range of detoxification, rehabilitation, and medical services are available as well as specialized programming to address relapse, poly-substance use, family issues, and post-discharge support.

SARATOGA COUNTY:

Nelson House

181 Phila Street, Saratoga Springs, NY 12866

Phone: (518) 583-4212 Facebook: Nelson House

Services Provided: Sober Living Residence for Women in Recovery

The Prevention Council of Saratoga County

125 High Rock Avenue, Saratoga Springs, NY 12866

Phone: (518) 581-1230 Fax: (518) 581-1240

Website: www.preventioncouncil.org Facebook: @PrevCouncil

Services Provided: The Prevention Council staff work in a wide range of venues – from schools and summer camps to courts and family homes – to provide prevention services, including program development and community-based initiatives that help strengthen the messages we deliver to Saratoga youth. Service offerings include information and resources, camps, all stars camp, classes, counseling services, prevention education, training programs, gambling prevention, health and human services, training for intervention purposes (TIPS), Unstung Heroes.

St. Peter's Addiction Recovery Center (SPARC)

125 High Rock Avenue, Saratoga, NY 12866

Phone: (518) 885-6884 Website: <http://www.sphcs.org/addictionrecoverysparc>

Facebook: St Peter's Addiction Recovery Center Sparc

Services provided: Outpatient Treatment Programs

Saratoga County Mental Health Center-Alcohol and Substance Abuse Services

135 South Broadway, Saratoga Springs, NY 12866

Phone: (518) 587-8800

Website: <http://www.saratogacountyny.gov/departments/mental-health-center/>

Services Provided: Alcohol and Drug Program- Saratoga County Alcohol and Substance Abuse Services is a medically supervised outpatient program providing treatment for individuals suffering from an alcohol and drug program and for family members trying to cope with the presence of alcohol or drug problems within the family. Treatment is designed to promote abstinence, to improve community integration, and to improve daily functions. Services include screening, referral, assessment, and individual and group counseling.

SCHENECTADY COUNTY:

Bridge Center of Schenectady

72 Union Avenue, Schenectady, NY 12308

Phone: (518) 346-1277

Services Provided: Substance Abuse Treatment, Buprenorphine Services, Residential Long-Term Treatment

Population Served: Men

Carver Community Counseling Services

846 State Street, Schenectady, NY 12307

Phone: (518) 382-7838

Services Provided: Outpatient drug and alcohol rehabilitation center with a primary focus on substance abuse, buprenorphine services

Conifer Park

79 Glenridge Road, Glenville, NY 12302

Phone: 1-800-989-6446 eFax: (518) 691-9211

Website: www.coniferpark.com **Facebook:** Conifer Park

Services Provided: Adolescent Rehabilitation, Inpatient Rehabilitation, Detoxification and Crisis Counseling, Family Program, Co-Occurring Disorders/MICA Services, Activities, and Recreation Program

New Choices Recovery Center

302 State Street, Schenectady, NY 12305

Phone: (518) 346-4436

Website: www.newchoicesrecovery.org **Facebook:** New Choices Recovery Center

Services Provided: Clinical Services, Impaired Driver Program (IDP), Permanent Supportive Housing, Residential Services, Wraparound Aftercare Initiative (community-based services to individuals with addictions to heroin and opioid-based prescriptions)

Perrin House

575 Lansing Street, Schenectady, NY 12303

Phone: (518) 346-4509 **Facebook:** Perrin House

Services Provided: Substance, Drug, and Alcohol Abuse program

Peter Young: Housing, Industry & Treatment

428 Duane Avenue, Schenectady, NY 12304

Phone: (518) 377-2448 **Email:** PGTFoundation@pyhit.org

Website: www.pyhit.com **Facebook:** @PYHIT

Services Provided: Vocational Training, Educational Programs, Job Placement Services, Emergency Shelter and Transitional Living Services, Parole Re-Entry Services, Veterans Services, HIV services, NYS Industries for the Disabled, NYS-certified inpatient, residential and outpatient treatment facilities and counseling and evaluation

programs, develops and manages resources to fund programs and services in alcohol and drug rehabilitation alternatives to incarceration and job training skills.

St. Peter's SPARC

2925 Hamburg Street, Schenectady, NY 12303

Phone: (518) 357-2909 Website: <http://www.sphcs.org/addictionrecoverysparc>

Facebook: St Peter's Addiction Recovery Center Sparc

Services Provided: Outpatient Treatment Program

RESOURCES OUTSIDE TWIN COUNTIES & CAPITAL DISTRICT

Cornerstone of Rhinebeck

91 Serenity Hill Rd., Rhinebeck.

Phone: (845) 266-3481; Website: www.cornerstoneny.com

Facebook: Cornerstone of Rhinebeck

Services Provided: Cornerstone offers Inpatient rehab and medical detox. 24 inpatient units that operate 24/7.

HealthAlliance of the Hudson Valley (Benedictine Hospital)

105 Mary's Avenue, Kingston.

Phone: (845) 338-2500; Website: www.hahv.org/find-care/services/addiction-recovery/

Facebook: @healthalliancehv

Services Provided: Medical Detox, Inpatient Addiction Treatment Program, and Inpatient Rehab offered in hospital setting. Outpatient treatment offered at Bridge Back of Kingston (Benedictine) Hospital in two locations: Kingston and Saugerties (845-943-6091).

McPike Addiction Treatment Center

1213 Court St., Utica.

Phone: (315) 738-4600; Website: www.oasas.ny.gov/atc/mcpike/general.cfm

Facebook: McPike Addiction Treatment Center

Services Provided: A 68-bed, NYS-operated inpatient facility providing a proven individualized program of recovery for adult men and women who have a chemical addiction. Serves 16 counties, including Columbia and Greene.

Mid-Hudson Addiction Recovery Centers, Inc. (MARC)

51 Cannon St., Poughkeepsie.

Phone: (845) 452-8816; Website: www.marc.us.com

Facebook: Mid-Hudson Addiction Recovery Centers, Inc.

Services Provided: Crisis Center offers inpatient non-medical detox. Bolger House is a 24-bed men's residence. Florence Manor is a 24-bed female residence. Dowling House is a co-ed, 12-bed, supported housing environment.

Richard C. Ward Addiction Treatment Center

117 Seward St., Suites 12-16, Middletown.

Phone: (845) 341-2500; Website: www.addicted.org/directory/item/rc-ward-addiction-treatment-center-inpatient-rehabilitation-unit.html

Services Provided: A 60-bed, NYS-operated, inpatient facility offering innovative treatment and services to aid in the recovery of addicts and their families. Ward ATC offers Acupuncture Services, a Specialized Women's Track, Dual Recovery Groups, and a new creative arts program called Innervations to help addicts express feelings in healthy ways. Serves a 10-county area including Columbia and Greene.

Samaritan Daytop Village

Administrative Headquarters: 138-02 Queens Blvd., Briarwood.

Phone: (718) 206-2000 or 1-800-532-HELP (4357); **Website:** www.samaritanvillage.org

Facebook: Samaritan Village Ellenville

Services Provided: In late 2015, Daytop Village, Inc merged with Samaritan Village. All levels of care provided. Long term residential treatment programs in Ellenville and Rhinebeck.

St. Joseph's Addiction Treatment Center

91 Woodruff St., Saranac Lake.

Phone: (518) 891-3950 or (877) 813-8647; **Website:** <http://www.stjoestreatment.org>

Facebook: St. Joseph's Addiction Treatment Center

Services Provided: Inpatient and outpatient treatment and aftercare services offered to men, women, teens and their families, veterans in several locations in NYS.

MEDICATION ASSISTED TREATMENT PROVIDERS

Suboxone Providers

Irma Waldo
350 Power Ave., Hudson
Phone: (518) 828-9300

William Murphy
31 Dardess Drive, Chatham
Phone: (518) 392-6650

S. Merkhani
159 Jefferson Heights, Suite D107, Catskill
Phone: (518) 943-1442

Ravi Ramaswami
854 Rt 212, Saugerties
Phone: (845) 246-2804

Joshua Rosenfield
9 Law St., Coxsackie
Phone: (518) 731-2120

Charles Kutler
350 Washington Ave., Kingston
Phone: (845) 338-7140

Vinay Kumar
246 Marlboro, MA
Phone: (508) 460-3872

S. Fuhrman
363 Delaware Ave., Delmar
Phone: (518) 439-9911

Lisa Bevilacqua
Debra Zimring
1240 New Scotland Ave., Slingerlands
Phone: (518) 439-2460

Angelo Potenciano
Sparo 2nd Ave., Albany
Phone: (518) 449-5170

Jeanette Thornton
Straton VA Medical Ctr., 113 Holland Ave., Albany
Phone: (518) 626-5328

Jose David
SPARC Detox, 315 S. Manning Blvd., Albany
Phone: (518) 525-1303

Michael Alexandrov
25 Elk St., Albany
Phone: (518) 952-8356

Thomas Kuettel
747 Madison Ave., Albany
Phone: (518) 427-8212

Chisara Adonia
900 Lark St., Albany
Phone: (518) 465-9345

Mark Oldendorf
1365 Washington Ave., Albany
Phone: (518) 435-1300

Vivitrol Providers

Marilyn Miller
Columbia Memorial Health, Suite 130, Hudson
Phone: (518) 697-3540

Methadone Maintenance

Kingston MTP
2 Barbarossa Lane, Kingston
Phone: (845) 943-6022

Whitney Young
10 Dewitt St., Albany
Phone: (518) 463-3882

Lexington Center
230 North Rd., Poughkeepsie
Phone: (845) 486-285

NYS MENTAL HEALTH AND ADDICTION SERVICES

Alcoholics Anonymous

Capital District Central Office: (518) 463-0906

Website: www.aa.org Capital District Central AA Website: <http://aaalbany.org/meetings/>

Services Provided: Alcoholics Anonymous is a fellowship of men and women who have had a drinking problem. It is nonprofessional, self-supporting, multiracial, apolitical, and available almost everywhere. There are no age or education requirements. Membership is open to anyone who wants to do something about his or her drinking problem.

Capital District Psychiatric Center (CDPC)

75 New Scotland Avenue, Albany, NY 12208-3474

Phone: (518) 549-6000 Fax: (518) 549-6804

Website: <https://www.omh.ny.gov/omhweb/facilities/cdpc/> Facebook: Capital Dist Psychiatric Center

Services Provided: Capital District Psychiatric Center (CDPC) provides inpatient psychiatric treatment and rehabilitation to patients who have been diagnosed with serious and persistent mental illnesses, and for whom brief or short-term treatment in a community hospital mental health unit has been unable to provide symptom stability. CDPC has outpatient treatment services for children, adolescents, and adults. CDPC also operates three adult community residences. Located in Albany, New York, CDPC is in the center of the service area and is within an hour's drive of the counties served.

Target Population: Child and Adolescents outpatient up to the age of 18; Adult inpatient/outpatient and Adult Community residences

Counties Served: Albany, Rensselaer, Schenectady, Saratoga, Warren, Washington, Schoharie, Columbia, and Greene.

Friends of Recovery-New York

1529 Western Avenue, Albany, NY 12203

Phone: (518) 487-4395

Website: www.for-ny.org Email: familyrecovery@for-ny.org Facebook: @recoveryny

Services Provided: Friends of Recovery- New York is a statewide Recovery Community Organization (RCO) working on behalf of thousands of individuals and families in New York to educate decision makers and the public about addiction recovery. We are dedicated to ending discrimination and removing barriers to treatment, housing, and employment; and we support the expansion of recovery support services for individuals and families.

Mental Health Association in New York State Inc. (MHANYS)

194 Washington Avenue, Suite 415, Albany, NY 12210

Phone: (518) 434-0439

Website: www.mhanys.org Facebook: @MHANYSinc

Services Provided: MHANYS is a not-for-profit organization that works to end the stigma against mental illness and promotes mental health wellness in New York State. MHANYS achieves this through training, education, advocacy, and policy, community-based partnership programming, and by connecting individuals and families to help.

National Alliance on Mental Illness (NAMI) of NYS

99 Pine Street Suite 105, Albany, NY 12207

Phone: (518) 462-2000

Helpline: (800) 950-3228

Website: <http://www.naminys.org/>

Purpose: Public Education and Information Activities/Programs, Peer Education and Support, Raising Awareness and Fighting Stigma, and State and Federal Advocacy

NYS Office of Alcoholism and Substance Abuse Services (OASAS)

1450 Western Ave., Albany, NY 12203-3526

Phone: (518) 473-3460; Website: www.oasas.ny.gov

Services Provided: Oversees state-run treatment centers. Provides guidance, oversight, advocacy for persons affected by alcohol and/or substance use.

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OASAS HopeLine

Phone: (877) 8HOPENY or (877)-846-7369

Services Provided: Offering help and hope 24 hours a day, 365 days a year for alcoholism, drug abuse and problem gambling. Crisis and motivational interviewing for callers in need; referrals to more than 1,500 local prevention and treatment providers; 48 hours call back to those who wish to be contacted; multi-lingual. All calls are confidential.

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OASAS Bed Availability Dashboard

Website: <https://bi1.oasas.ny.gov/analytics/saw.dll?Dashboard>

Purpose: Search bed availability using a single criteria or any combination of county, city, organization, gender and age group. Residential only, not outpatient.

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OASAS Provider Directory Search

Website: https://www.oasas.ny.gov/providerDirectory/index.cfm?search_type=2

Purpose: Online database of all Certified Providers, searchable by Region, County, Zip Code and Program Type.

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OASAS Regional Field Office Staff

Website: www.oasas.ny.gov/pio/regdir.cfm

Purpose: Directory of 11 OASAS Field Staff Offices, including contact information and address.

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State-Operated Addiction Treatment Centers (ATCs)

Website: <https://www.oasas.ny.gov/atc/index.cfm>

Purpose: Admission Criteria, full list of 12 ATC's, including address, list/link to catchment area map and contact info.

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Level of Care for Alcohol and Drug Treatment Referral

Website: <https://www.oasas.ny.gov/treatment/health/locadtr/index.cfm>

Purpose: Web-based tool used by substance abuse treatment providers, Medicaid Managed Care plans, and other referral sources to determine the most appropriate level of care for a client with a substance use disorder.

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OASAS Guide to Accessing Treatment for Individuals & Families Seeking Support

Website: <https://www.oasas.ny.gov/treatment/index.cfm>

Purpose: View 10 brief educational videos below that provide general information about navigating the substance use disorder system of care. This video series describes the types of substance use disorder treatment services available and answers common questions individuals and families may have about treatment and recovery

NYS Office of Mental Health (OMH)

44 Holland Avenue, Albany, NY 12229

Phone: 1-800-597-8481

Website: www.omh.ny.gov

Facebook: @NYSOMH

Services Provided: New York State has a large, multi-faceted mental health system that serves more than 700,000 individuals each year. The Office of Mental Health (OMH) operates psychiatric centers across the State, and also regulates, certifies and oversees more than 4,500 programs, which are operated by local governments and nonprofit agencies. These programs include various inpatient and outpatient programs, emergency, community support, residential and family care programs.

This guide was compiled by the Healthcare Consortium,
with support from the Rural Health Network Development Program,
a program of the State Office of Rural Health at the New York State Department of Health.

Suggestions for updates and additions can be submitted to the Healthcare Consortium
at any time by writing us at the following:

325 Columbia St., Suite 200, Hudson, NY 12534

or

cchc@columbiahealthnet.org

Please note "MH and Addiction Services Guide" in the Attention or Subject lines.



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